

## Long-Term Athlete Development NSO–MSO Leads Day Agenda

9 am – 12:30 pm

1. Business Reports & Updates
2. What is happening within Sport for Life & LTAD Division?
3. Where to next?
4. Promising Partnerships

12:30 - 1:30

Afternoon Workshops 1:30 pm – 4:30 pm (NSOs and MSOs choose one to attend)

### Workshop #1

#### Introducing LTD 3.0 and ADM/GMP and Podium Pathway Work

This workshop will highlight two major initiatives: 1) S4L's Long-Term Development in Sport and Physical Activity (LTD 3.0), and 2) system alignment between S4L and OTP regarding Athlete Development Matrix and OTP Podium Pathway-Gold Medal Profile. National Sport Organization considering an update of their LTAD Framework or on alignment of their S4L-Athlete Development Matrix and OTP Podium Pathway-Gold Medal Profile may be interested in participating. Led by **Colin Higgs** and **Andy Van Neutegem**, this session will highlight how OTP and S4L have been working on system alignment through two pilot initiatives with Softball Canada and Water Polo Canada. Additionally, there will be information on effective processes to deal collaboratively with MSOs working in silos.

**Target Participants:** It would be advantageous if both sport development and NSO high performance staff represented each NSO.

### Workshop #2

#### Multisport – The Actions We Can Take

Multi-sport participation in the early LTAD stages is recognized as a key ingredient to promote ongoing sport participation, develop overall athleticism, and reduce injuries and burnout. However, multi-sport programs and participation continue to be limited in number across Canada. If we all agree that multi-sport should be the new normal, how can we work together to make it a reality?

Led by **Richard Monette** and **Carolyn Trono**, this interactive oriented session will target concrete actions to make multi-sport the new normal in the early stages of LTAD. Interesting perspectives and ideas will be offered by delegates and special guests.

**Target Participants:** NSO & PTSO Development Staff, Sport Councils, Municipal & Club Leaders

### Workshop #3

#### Advanced Use of LTAD Progress Tracker

1. Overview of the Progress Tracker
2. Advance Use Case Studies: MSO Canada Games Council

3. Current and Future Use: Sport Canada
4. Advance Use Case Studies: NSO
5. Current and Future Use: Sport for Life
6. Sport for Life Tracker Support to NSO LTAD Leads
7. Discussion - Where to next?

**Target Participants:** NSO LTAD Leads, NSO CEO/ED