

Wednesday January 24 / mercredi 24 janvier

Registration & Coffee / Inscription et café			7:30 – 8:30
Welcome / Bienvenue			8:30 – 9:00
Keynote / Discours-programme: Amanda Visek: Dr. of Fun, Sport Scientist, The George Washington University			9:00 – 9:30
Transition			9:30 – 9:45
Session A			9:45 – 10:45
A1	<p>1. Deconstructing Excellence When we talk about "Excellence Takes Time", we always focus on the time. Let's spend thirty minutes focussing on excellence and see what happens. You will be presented with 3 things you probably didn't know about excellence and expertise, and 3 questions that may help you reimagine what Excellence could look like in your program.</p> <p>2. Multisport 2.0 From concept to reality, Nova Scotia has embraced the multisport movement. From an initial pilot program in Antigonish and an early specialization campaign, Nova Scotia now has 7 programs including its first ever para multisport program. Come and share your ideas on multisport development and gain practical resources to develop a program in your community!</p>	<p>Jodi Hawley <i>Canadian Sport Institute Calgary</i></p> <p>Stephanie Spencer & Courtney Nicholson <i>Sport Nova Scotia</i></p>	<p>The Timing of Excellence / Planifier l'excellence</p>
A2	<p>1. Aboriginal Communities: Active for Life - Culturally Appropriate Training for Physical Literacy This interactive presentation takes participants through Aboriginal Communities: Active for Life, a resource created with guidance from Indigenous leaders throughout Canada to support community champions as they develop quality sport and physical literacy enriched programs, build collaborative relationships, and re-engage their community members into active and healthy lifestyles.</p> <p>2. Aboriginal HIGH FIVE® Project and Physical Literacy Alberta Recreation & Parks Association (ARPA) is engaged in an Aboriginal HIGH FIVE® Project in collaboration with Indigenous Trainers. The aim of the project ensures that HIGH FIVE® training is more culturally relevant in Indigenous communities and that physical literacy is emphasized in sport and recreation programs. ARPA would like to share the collaboration process between project partners.</p>	<p>Emily Rand, <i>Sport for Life</i></p> <p>Greg Henhawk <i>Indigenous Sports</i></p> <p>Pamela C. Jones <i>Alberta Recreation & Parks Association</i></p>	<p>Indigenous</p>
A3	<p>1. How to create Meaningful Experiences for Participants with a Disability By definition physical literacy should be inclusive and accessible to all. Program coordinators, leaders and facility operators have a responsibility to create universally accessible physical literacy opportunities and to support all people in adopting a healthy, active lifestyle.</p> <p>2. Active Living Alliance for Canadians with a Disability All Abilities Welcome is a flagship program of the Active Living Alliance for Canadians with a Disability. It has been designed to help communities, sport organizations, and facilities be welcoming and inclusive for individuals with a disability.</p>	<p>Andrea Carey <i>Sport for Life</i></p> <p>Jane Arkell, Doug Nutting <i>Active Living Alliance for Canadians with a Disability</i></p>	<p>Inclusion / L'inclusion</p>
A4	<p>1. The Physical Literacy for Life Research Group: State of the Union Address In this presentation, Dr.'s Cairney and Kriellaars will review the major activities and outputs of the PL research group over the past year. Discussion of future directions and collaborations will conclude the session.</p> <p>2. The Physical Literacy Champions' Network - Partners in Play: Nurturing Movement in the Early Years During this informative and interactive presentation, participants will learn about Peel's Physical Literacy Champions' Network - a collaboration of community members who model effective pedagogical skills, promote physical literacy, deliver professional development sessions and share strategies to improve the culture and environment within child care settings for educators and children</p>	<p>John Cairney <i>University of Toronto</i></p> <p>Karen Meyer & Alyson Beben <i>Peel Public Health</i></p>	<p>Physical Literacy / La littératie physique</p>

Individual

A5	<p>1. Rising New York Road Runners: Out of the Blocks! In August 2017 New York Road Runners launched Rising New York Road Runners, a new physical literacy-based youth program touching over 265,000 kids, designed in collaboration with Sport for Life. Find out how this groundbreaking new program uses the PlayBuilder on-line tool to get kids across America running for life.</p> <p>2. A collaborative approach to physical literacy training An overview of the collaborative process underwent by the Coaching Association of Canada, HIGH FIVE and Sport for Life Society to develop the Physical Literacy Instructor Program.</p>	<p>Paul Jurbala <i>Sport for Life</i></p> <p>Alex Wilson, <i>Sport for Life</i> Drew Mitchell, Peter Niedre, Emina Secerbegovic</p>	<p>Keys to Development / Les clés du développement</p> <p>Collaboration & Continuous Improvement / La collaboration et l'amélioration continue</p>	
A6	<p>1. Long-Term Athlete Development 101 (2.0) The first edition of the Canadian Sport for Life Resource Paper was published in 2005. The Canadian Sport for Life - Long-Term Athlete Development project became a movement after 2010 and, driven by Kaizen, evolved significantly. This presentation will overview all changes and will illustrate the updated Sport for Life - Long-Term Athlete Development Framework. The presentation will cater to participants with experience in Long-Term Athlete Development and for those who would like to upgrade their knowledge about Sport for Life - Long-Term Athlete Development.</p> <p>2. Long-Term Athlete Development 101 (2.0) continued....</p>	<p>Istvan Balyi <i>Sport for Life</i></p>	<p>Keys to Development / Les clés du développement</p>	
A7	<p>1. Littératie physique ou le plaisir de jouer Au-delà de la traduction linguistique, comment la littératie physique s'applique déjà dans la vision, les objectifs et les programmes de la Direction du sport, du loisir et de l'activité physique du Ministère de l'Éducation et de l'Enseignement supérieur du Québec.</p> <p>2. Faire équipe pour un sport sans violence Protéger l'intégrité et la sécurité de nos jeunes athlètes et voir à ce que nos environnements sportifs soient sains, sécuritaires et harmonieux, voilà le défi que s'était donné Sport'Aide au moment de sa création en 2015. Mais qu'en est-il exactement de cette problématique? Mythe ou réalité? Problème social important, ses conséquences sont importantes et souvent sous-estimées, voire même méconnues. Découvrez comment Sport'Aide assure un leadership dans la mise en œuvre d'initiatives favorisant un environnement sportif exempt de violence tout en accompagnant les différents acteurs du milieu sportif, et ce, tant au niveau excellence que récréatif.</p>	<p>Maude Gingras <i>Direction du sport, du loisir et de l'activité physique</i> <i>Ministère de l'Éducation et de l'Enseignement supérieur du Québec</i></p> <p>Sylvain Croteau directeur général et fondateur <i>Sport'Aide</i></p>	<p>Physical Literacy / La littératie physique</p> <p>Collaboration & Continuous Improvement / La collaboration et l'amélioration continue</p>	
Break / Pause café				10:45 - 11:15
Session B				11:15 - 12:45
B1	<p>1. Quality Sport Experiences in Youth Sport: Working together to measure impacts across sport In this panel, we will discuss a newly funded project, the purpose of which is to create a self-report quality sport measure for youth that will allow us to evaluate the impact of sport programs on youth development.</p>	<p>John Cairney - <i>University of Toronto</i> Matthew Kwan Heather Clark Mark Bruner Katherine Tamminen</p>	<p>Collaboration & Continuous Improvement / La collaboration et l'amélioration continue</p>	Panel

B2	<p>2. PSO Implementation of the Aboriginal Long-Term Participant Development Pathway This panel will share successes and lessons learned from the pilot implementation of the Aboriginal Long-Term Participant Development with Provincial Sport Organizations in BC. Through workshops, mentorship, and building relationships with the Provincial Aboriginal Sport Body, these organizations developed action plans to better respond to the needs of Aboriginal participants and athletes.</p>	<p>Emily Rand <i>Sport for Life</i> Stephanie Rudnisky, <i>Basketball BC</i> Dustin Heise <i>Canada Snowboard</i> Diane Garner <i>ISPARC</i></p>	Indigenous
B3	<p>1. Sport Leaders Giving Back to the Community The township of Bristol, a small municipality located in the Pontiac Quebec, is a well-kept secret in developing physical literacy, where sport leaders give back to the community. Learn how a volunteer-driven organization, municipality and Quebec region strongly collaborate to provide quality multisport programs and promote healthy active living among youth in a small community. Newcomers in Winnipeg This presentation will highlight working together with many partners that have been involved in a newcomer multi-sport program offered in Winnipeg. All of the agencies - not necessary sport organizations - are key to program sustainability. It isn't easy. It is time consuming and necessary.</p>	<p>Peter Nierdre - CAC Carolyn Trono - <i>Sport for Life</i> Norway Bay Municipal Association</p>	Collaboration & Continuous Improvement / La collaboration et l'amélioration continue
B4	<p>3. A Sharing of Best Practices around Programming for Children with Disabilities The Canadian Paralympic Committee and Canadian Tire Jumpstart charities have partnered to increase opportunities for children with a disability to participate in sport and physical activity by offering grants to eligible organizations. This presentation will highlight key learnings from grant recipients on how to offer quality programming in this area.</p>	<p>Andrea Carey <i>Sport for Life</i> Marco Di Buono <i>Canadian Tire Jumpstart Charities</i> Emily Glossop-Nicholson <i>Abilities Centre Ottawa</i> Dave Sora <i>Pickering Soccer</i></p>	Inclusion / L'inclusion
B5	<p>4. Champions League: Sport for Life Leaders School 2017 One year ago leaders from across Canada met at the S4L Summit to launch S4L Leaders School 2017- the 5th year of the highly successful program. In this panel presentation they present their projects - the culmination of their year of work to advance S4L and physical literacy in their communities. Find out what happens when a group of S4L champions set out to make an extraordinary difference!</p>	<p>Paul Jurbala - <i>Sport for Life</i></p>	Collaboration & Continuous Improvement / La collaboration et l'amélioration continue
B6	<p>5. Inclusive Coaching The Coaching Association of Canada and CAAWS will present on various programs and resources that demonstrate we are creating a more inclusive environment for athletes: Aboriginal Coaching Module, Women in Coaching, Coaching Athletes with a Disability, Coaching Female Athletes and Coaching LGBTQ athletes.</p>	<p>Isabelle Cayer Allison Sandmeyer-Graves <i>Coaching Association of Canada</i></p>	Inclusion / L'inclusion
B7	<p>1. Les filles et l'activité physique, faire tomber les barrières! Quelles barrières freinent la pratique de l'activité physique des jeunes filles? Quels bienfaits les adolescentes tireraient-elles de l'adoption d'un mode de vie actif? De quelle façon pouvons-nous agir sur le degré de motivation des jeunes filles pour les amener à intégrer l'activité physique plus souvent dans leur quotidien?</p> <p>Retombées du programme Fillactive chez les adolescentes québécoises Les programmes de promotion d'un mode de vie actif sont en émergence au Canada. Depuis les 5 dernières années, le programme Fillactive (Fit Spirit) sensibilise des milliers d'adolescentes face aux bienfaits d'un mode de vie actif. Par contre, on en connaît très peu sur les retombées de tels programmes, notamment sur leurs effets à plus long terme.</p>	<p>Steeve Ager - <i>Fillactive</i> Genevieve Leduc - <i>Fillactive</i></p> <p>Jean Lemoyne -<i>UQTR</i></p>	<p>Collaboration & Continuous Improvement / La collaboration et l'amélioration continue</p> <p>Inclusion / L'inclusion</p>

Lunch & Expo / Déjeuner et expositions				12:45 - 13:30
Secretary – Stephane Lauzon				13:30 – 13:35
Jumpstart – Play Finds a Way				13:35 – 13:45
Keynote / Discours-programme – Lanny McDonald, Chair of Hockey Hall of Fame				13:45 - 14:15
Plenary / Plénière – Citius Vocem (45min)				14:15 - 15:00
1	Girls and Women in the Canadian Sport Landscape	Allison Sandmeyer-Graves		
2	Challenges of Delivering Physical Literacy in Elementary Schools	Rick Klatt		
3	Breaking Down Barriers Together	Grant Leemet		
4	Gamifying Sport and Physical Activity for All Generations -	Veera Asher		
5	Quebec’s Physical Activity, Sport and Recreation Policy	Eric Pilote		
6	Road Runners Campus	Paul Jurbala		
7	Recess tool & PL for water based environments	Dean Kriellaars		
8	LTOD	Dr. Lori Livingston, Dr. Susan Forbes		
9	ViaYouth Summit	State of the Youth – By the Youth *Digital Presentation		
Break / Pause café				15:00 - 15:30
Session C				15:30 - 17:00
C1	<p>Don't be a Kid's Last Coach - This presentation will focus on the reasons why kids play sports and sadly why they are quitting including anecdotes of former free play generation to the highly structured current model of this generation. It also will incorporate why early sport specialization does more harm than good with recommendations for youth sport coaches how to simplify the science of LTAD for their teams and get parents to buy-in to understand we must shift from focusing on the short term outcomes to the long term process of player development.</p> <p>Recommendations will be provided how we can shift from the current adult competing with other adults thru kids to win at all costs in youth sports that is leading to decreased participation rates in freeplay and organized sport to bring the game back to the kids ... where it belongs.</p>	Glen Mulcahy <i>PARADIGM Sports</i>	The Timing of Excellence / Planifier l'excellence	Individual
C2	<p>1. Sport Leaders: Taking Action to be More Inclusive of Aboriginal Participants Aboriginal participation in sport at all levels has been under-represented. The timing is right for all sport leaders to lead by example and set a precedence of support and inclusion for all sectors. Learn how mainstream and Aboriginal sport organizations are working collaboratively to improve the delivery of quality sport to Aboriginal leaders and participants.</p>	Andrea Carey <i>Sport for Life</i> Peter Niedere <i>Coaching Association of Canada</i> Jason Peters – <i>Aboriginal Sport and Recreation Council</i>	Indigenous	Panel
C3	<p>1. Inclusive Grassroots Programming - The Player Development Model As many as possible, for as long as possible, in the best environment possible. Ontario Soccer’s philosophy is to provide all grassroots players with access to the very best development programs that focus on a holistic approach to total person development. This new approach has seen many structural and technical</p>	Billy Wilson <i>Ontario Soccer</i>	Inclusion / L'inclusion	Individual

	<p>improvements to the grassroots game including a new provincial Training Model.</p> <p>2. The Other 85%: engaging children in unique forms of sport and recreation Using case studies from the Energize Guelph initiative, this presentation will highlight creative approaches to community collaboration and recreational programming that increase participation in sport and physical activity amongst hard-to-engage children. It will also focus on unique ways to embed physical literacy and enhance inclusion opportunities.</p> <p>3. Years of Transition: Reviewing University Students Perceptions of Participation Motives, Facilitator Strong efforts developing fundamental movement and sport skills in children and youth are underway. One point of transition lacks consideration when proponents promote sport for life. This presentation reviews participation motives, barriers, facilitators and equity providing opportunity for college and university students to transition to compete or be fit for life.</p>	<p>Eric Pool <i>City of Guelph</i></p> <p>John Hudec <i>Cape Breton University</i></p>	<p>Physical Literacy / La littératie physique</p> <p>Inclusion / L'inclusion</p>	
C4	<p>1. PL Connect Lessons Learned Physical Literacy and You partnerships in Alberta have been the catalyst of collaboration and continuous improvement across sectors. These informal groups have become a place to discuss, share learnings, and support programming. Join us as we share what we've learned from taking these relationships online, launching the new platform: PLconnect.carick</p> <p>2. Physical literacy in Quebec, or the pleasure of playing ! Despite the hurdles of translation, how physical literacy is already integrated and supported in the vision, objectives and many programs of the Sport, Recreation and Physical Activity Department of the Ministry of Education and Higher Education of Quebec.</p> <p>3. NA</p>	<p>Megan McKinlay <i>Be Fit for Life Network</i></p> <p>Eric Pilote <i>Direction du sport, du loisir et de l'activité physique Ministère de l'Éducation et de l'Enseignement supérieur du Québec</i></p>	<p>Collaboration & Continuous Improvement / La collaboration et l'amélioration continue</p> <p>Physical Literacy / La littératie physique</p>	
C5	<p>1. Appetite to Play: Developing physical literacy and food literacy in the early years The presentation will include the background on Appetite to Play, a review of the recommended practices for healthy eating and physical activity, examples of games and activities, walk through the interactive web based resource developed for the initiative, and present on preliminary evaluation results.</p> <p>2. Multi - Sport Implementation Plan Halifax Regional Municipality Much like skating and swimming programs, the Multi-Sport Program will create standards for physical literacy, Fundamental Movement Skills (FMS) and sport programs while providing consistent curriculum, training and support for staff throughout HRM. One of the main tools used to assist with the plan is the PLAYbuilder.</p> <p>3. Research To Practice: A Collaborative Model of Sport Programming MLSE LaunchPad programs focus on physical literacy and life skill development using a collaborative model of sport programming. Through collaboration with academic, community and corporate partners, MLSE LaunchPad is able to put research into practice to ensure access to quality sport programming for youth facing barriers.</p>	<p>Alex Wilson <i>Sport for Life</i></p> <p>Christena Dykstra <i>Halifax Regional Municipality</i></p> <p>Justin Bobb <i>MLSE LaunchPad</i></p>	<p>Collaboration & Continuous Improvement / La collaboration et l'amélioration continue</p>	
C6	<p>1. Bringing LTAD to Life in Coach Education CSI Calgary Coaching staff will demonstrate how we help learners in the Advanced Coaching Diploma explore</p>	<p>Jodi Hawley, Jason Sjostrom <i>Canadian Sport Institute Calgary</i></p>	<p>Collaboration & Continuous Improvement / La collaboration et l'amélioration continue</p>	

	<p>ways to enhance LTAD implementation in their coaching context. We will also describe how coach learning is facilitated in our blended learning environment, where coaches can participate in traditional classes via online delivery.</p> <p>2. A Theoretical Framework for Long-Term Officiating Development (LTOD) Programs Drawing upon the sport science literature, this session aims to introduce and propose a theoretical framework to support the development of Long Term Officiating Development (LTOD) programs. Thereafter, and using this framework as a guide, current best practices in officiating development programs throughout Canada will be reviewed and highlighted.</p> <p>3. Developing executive function and social-emotional learning skills with your athletes Youth athlete development typically targets technical and physical skill acquisition while advancing executive function (EF) and social-emotional learning (SEL) is left out. This talk will discuss the elements of EF and SEL skills and how it impacts athlete development and performance.</p>	<p>Susan L. Forbes, Lori Livingston <i>University of Ontario Institute of Technology</i></p> <p>Vicki Harber <i>University of Alberta/Canadian Sport for Life</i></p>	<p>Collaboration & Continuous Improvement / La collaboration et l'amélioration continue</p> <p>Keys to Development / Les clés du développement</p>	
C7	<p>1. Nourrir le développement du jeu actif Présentation du projet « Nourrir le développement du jeu actif » abordant principalement la question de la liberté d'action de l'enfant dans un environnement extérieur favorable à son développement optimal. Ce projet a introduit des indicateurs de qualité pour la création de cours extérieures où une collectivité de jeunes enfants peut s'activer dans un environnement riche qui correspond à son développement avec du matériel mis à sa portée, qui respecte le rythme de ses acquisitions motrices et l'aide à prendre conscience de ses accomplissements plutôt qu'à le freiner dans l'exercice de ses jeux</p> <p>2. Ensemble pour des arts martiaux inclusifs: ADAMA bat des records ! L'association de développement des arts martiaux adaptés (ADAMA) a vu le jour en mars 2012. Sa mission principale est la promotion des arts martiaux adaptés et l'inclusion des personnes avec des besoins particuliers par le biais des sports de combat. ADAMA compte aujourd'hui plus que 800 membres. ADAMA a réussi à organiser son premier Open international inclusif regroupant 107 participants.</p> <p>3. L'environnement des hockeyeurs québécois face à l'adoption d'un mode de vie actif L'objectif de la présentation est de porter un regard sur les environnements qui prédisposent les adolescents vis-à-vis l'adoption de comportements actifs autres que le hockey organisé. La présentation fait référence aux résultats préliminaires provenant d'une enquête menée auprès d'adolescents évoluant dans le hockey organisé</p>	<p>Sylvie Melsbach <i>RCPEM</i></p> <p>Mohamed Jelassi <i>Association de développement des arts martiaux adaptés – ADAMA</i></p> <p>Vincent-Huard Pelletier Co-Presenter : Jean Lemoyne <i>UQTR</i></p>	<p>Physical Literacy / La littératie physique</p> <p>Keys to Development / Les clés du développement</p> <p>Keys to Development / Les clés du développement</p>	
	<p align="center">TOWN HALL – “Strengthening Our Connections” Room: Mozart Moderator: Richard Way</p>			<p align="right">17:30- 19 :00</p>

(M) = Moderator / Modérateur

Thursday January 25 / jeudi 25 janvier

Registration & Coffee / Inscription et café			7:30 – 8:30
Welcome / Bienvenue			8:30 – 9:00
Keynote / Discours-programme – Alan Ashley – Chief of Sport Performance, United States Olympic Committee			9:00 – 9:30
Transition			9:30 – 9:45
Session D			9:45 – 10:45
D1	<p>1. Developing LTAD Tennis Canada In developing its LTAD Model, for Tennis Canada the sport of Tennis, is not an early specialization sport nor is it a late specialization sport. Tennis Canada has categorized it as an early initiation sport meaning, an introduction to racquet games, must be (one) of the many games introduced to children during the FUNdamental stages of development.</p> <p>2. Quality Sport - Good Places, Good People and Good Programs This presentation will highlight the Quality Sport Checklist which is gaining traction as a tool for educating, assessing and incentivizing a sport and activity providers. This session will highlight the experiences of Facilities, PSO's, NSO's and the Sport for Life Society around the Quality Sport concept with the goal of providing delegates with practical tips for application in their specific setting.</p>	<p>Debbie Kirkwood</p> <p>Lea Wiens <i>Sport for Life</i></p>	<p>The Timing of Excellence / Planifier l'excellence</p> <p>Collaboration & Continuous Improvement / La collaboration et l'amélioration continue</p>
D2	<p>1. Exploring the Physical Activity Experiences of Northern Aboriginal Youth A Community-Based Participatory Research project done in partnership with Northern Aboriginal youth from a community in the Northwest Territories. Data generation was done using a combination of photovoice and interviews.</p> <p>2. Creating physically active Indigenous communities through Path to Prevention report recommendations Michelle Rand is a Senior Analyst with the Aboriginal Cancer Control Unit at Cancer Care Ontario. She holds a Bachelor of Physical and Health Education and Bachelor of Science from Queen's University and a Master's of Public Health from Simon Fraser University.</p>	<p>Beth Hudson <i>De Gah School</i></p> <p>Michelle Rand <i>Cancer Care Ontario</i></p> <p>Kirk Nysten <i>ReachUp Ultimate Board Member</i></p>	<p>Collaboration & Continuous Improvement / La collaboration et l'amélioration continue</p>
D3	<p>1. Physical Literacy for Communities Physical Literacy for Communities is an innovative approach that provides a pathway for community partners to come together, establish goals and execute with a common focus. The opportunity is to bring all these committed partners to leverage their energy, expertise and investment to make significant change in the population's physical activity positively impacting health and well being. In this session we will share current delivery feedback from participating communities across Canada along with a Provincial initiative which is starting up in BC as examples of effective impact.</p> <p>2. Training Coaches for Inclusion Learn how Freestyle Canada and the Canadian Adaptive Snowsports Association have partnered to deliver training on best practices for successful inclusion adaptive and mainstream programs. This session will sample some key content from the new Count Me In workshop.</p>	<p>Drew Mitchell, <i>Sport for Life</i></p> <p>Meredith Gardner, Justine Simmons, Christian Hrab <i>Canadian Freestyle Ski Association</i></p>	<p>Collaboration & Continuous Improvement / La collaboration et l'amélioration continue</p> <p>Inclusion / L'inclusion</p>
D4	<p>1. Physical Literacy and Health: A New Model In this presentation, I present a new conceptual model that connects physical literacy to health outcomes. I will also present research evidence to support the model and discussion implications for further research and practice.</p>	<p>John Cairney <i>University of Toronto</i></p>	<p>Physical Literacy / La littératie physique</p>

Individual

	<p>2. An overview of the development of the Physical Literacy Environmental Assessment (PLEA) Tool The PLEA Tool is a program evaluation tool to assess how various physical activity-related programs (e.g., physical education, sport, recreation) support the development of physical literacy. This presentation will outline the multi-stage development of this tool.</p>	<p>Hilary Caldwell, <i>McMaster University</i> with: Allison Bochsler, Drew Mitchell, Alex Wilson, Brian Timmons</p>	<p>Collaboration & Continuous Improvement / La collaboration et l'amélioration continue</p>	
D5	<p>1. The ParticipACTION 150 Play List - A Presentation of a National Sport Sector Engagement Strategy A national non-profit, and the premier brand of physical activity in Canada, ParticipACTION aims to help Canadians move more and sit less. Presentation will detail how ParticipACTION mobilized and engaged the sport and physical activity sectors to leverage the 150 Play List as a platform to build awareness and increase participation.</p> <p>2. A New Model of Participation: Collaboration at Every Stage Answering the need and call to better understand how youth engage in sport and what it means for them, this project employs a participant-driven approach to studying youth engagement, with implications for academics, policymakers and practitioners. The presentation will include overview of the research design as well as preliminary results.</p>	<p>Samantha Triner, Rebecca Jones <i>ParticipACTION</i></p> <p>Daniel Eisenkraft Klein <i>University of Toronto</i></p>	<p>Collaboration & Continuous Improvement / La collaboration et l'amélioration continue</p>	
D6	<p>1. The Other Kids: Inclusive Sport for All Canadians This session will talk about the "other kids", the ones who had horrible experiences in sports (as Jill did) but who joined sport later in life anyway. This session will use personal experiences to outline the challenges faced as a beginner adult athlete, provide advice to sports on inclusion of this group, and how to minimize the loss of athletes in the first place.</p> <p>2. From 5-95 - Getting Active At Every Age & Stage This presentation will focus on the benefits of Nordic Walking and how it is truly an inclusive form of physical activity that can be fostered at an early age and carried right through life. The presentation will be research based, include practical examples of successful programs, and also offer some hands on-learning for participants.</p>	<p>Jillian Staniec <i>Quidditch Canada</i></p> <p>Diana Oliver, Gabriella De Nino <i>Urban Poling</i></p>	<p>Inclusion / L'inclusion</p>	
D7	<p>1. La motivation et plus encore Le niveau et le type de motivation est un prédicteur significatif de l'activité physique à long terme chez les individus. Mieux comprendre le continuum et les types de motivation à travers la théorie de l'auto-détermination pourrait permettre de soutenir le développement de la motivation autonome chez les enfants et les jeunes et, par le fait même, l'adoption à long terme d'un mode de vie actif.</p> <p>2. Mieux se connaître pour être plus motivé et mieux participer Comment briser le cercle vicieux qui amène les enfants atteints de retards de développement à se retirer de la vie active et d'en faire une clientèle passionnée. La motivation et la perception de ses propres compétences sont des éléments critiques pour le changement. Pour plusieurs cas, ce changement provoquera même la « perte du diagnostique ».</p>	<p>Pierre Morin <i>Réseau Accès Participation</i></p> <p>Mariève Blanchet, <i>Université du Québec à Montréal</i></p>	<p>Keys to Development / Les clés du développement</p> <p>Inclusion / L'inclusion Keys to Development / Les clés du développement</p>	
Break / Pause café				<p>10:45 11:15</p>
Session E				<p>11:15 - 12:45</p>
E1	<p>1. TRUEPlay Multisport A Parent Engagement Strategy TRUEplay is an example of the intentional use of sport to create opportunities for excellence, strengthen communities & develop character. By mobilizing the grassroots gatekeepers of community sport - the parents, coaches and teachers - we increase the number of people who understand quality sport programming, those programs underpinned by the principles of Physical Literacy, LTAD and True Sport.</p>	<p>Jarrod Beattie, Amanda Burford <i>Canadian Centre for Ethics in Sport</i></p>	<p>Physical Literacy / La littératie physique</p>	<p>Individual</p>

	<p>2. Doping Prevention Through Ethical Literacy Addressing the factors that create a disconnect between the values-based sport Canadians want and the doping behaviours present in sport is critical to promoting healthy, happy and successful sport experiences. This talk will present the long-term athlete development based education strategy being implemented within the Canadian Anti-Doping Program to address this issue.</p> <p>3. From Fringe to Formal: Building an NSO From the Ground Up Dodgeball is a sport often associated with schoolyards, but over the past 5 years it has experienced a surge in popularity, especially among Millennials. Trying to develop formality within a fledgling and often informal sport has proven to be a challenge, but one that Dodgeball Canada is accepting with promising results.</p>	<p>Lisa Spina, Trevor Laforce, Julie Vallon <i>Canadian Centre for Ethics in Sport</i></p> <p>Duane Wysynski <i>Dodgeball Canada</i></p>	<p>Keys to Development / Les clés du développement</p> <p>Collaboration & Continuous Improvement / La collaboration et l'amélioration continue</p>	
E2	<p>1. A Holistic Approach to Tactical and Fundamental Skill Development in Sport NBA Canada and PHE Canada have partnered in the development of a new resource that encourages participants to develop sports skills that fosters their physical, social, emotional and cognitive well-being through tactical gameplay problems and engaging skill practice experiences. Come move, think and learn with us!</p> <p>2. The Yukon Physical Literacy Program for Grades 3 to 7 The Yukon Physical Literacy Program for Grades 3 to 7 is a how to guide for teachers. The program consists of 12 physical literacy skills from posture, balance and squatting to landing, jumping and running. The program consists of 3 lesson plans for the teachers for each of the physical literacy skills. These lesson plans are all electronic with supporting documentation on-line.</p> <p>3. PPlayTubs- developing physical literacy within our youngest movers Developing Physical Literacy within our youngest movers - a mini-physical literacy toolkit, for children walking to six years olds and their parents/caregivers and service practitioners.</p>	<p>Tricia Zakaria <i>PHE Canada</i></p> <p>Bruce Craven <i>Craven SPORT services</i></p> <p>Linda Whitfield <i>Healthy Kids Community Challenge Ottawa</i></p>	<p>Physical Literacy / La littératie physique</p>	
E3	<p>1. Developing a Sustainable Sport Research Strategy Many organizations are seeking ways to use data to inform decisions and assess outcomes. But how do you to move from the concept of evidence-informed to tangible, deliberate application of research to your everyday work? The Canadian Paralympic Committee's Paralympic Pathway team will share their path from strategic review and refinement to embedding research into daily tactical decisions.</p> <p>2. Working together to eliminate the stigma around mental health in sports This presentation discusses how CMHA's Talk Today program helps to tackle the stigma surrounding mental health and stresses the importance of creating a safe environment for athletes to speak about serious issues like suicide.</p> <p>3. Nurturing Development of Active Play She will deliver an exciting workshop on the Nurturing Development of Active Play which was supported by the Lawson Foundation. The goal of her workshop is to help caregivers understand and support the developing child's need to move in six pilot communities (child care centres, parent community, and local stakeholders in health and child development) in different regions of Québec.</p>	<p>Jenny Davey, Jenn Bruce <i>Canadian Paralympic Committee</i></p> <p>Joe Kim <i>Canadian Mental Health Association</i></p> <p>Sylvie Melsbach, Christyne Gauvin <i>RCPEM</i></p>	<p>Collaboration & Continuous Improvement / La collaboration et l'amélioration continue</p> <p>Keys to Development / Les clés du développement</p>	
E4	<p>1. Developing Physical Literacy for Children and Youth Through FUN, Fitness and Fundamentals Results of an 8-year study to develop physical literacy for children and youth. First worldwide study to demonstrate that physical literacy is possible through longitudinal and effective programming, which embraces the four domains of physical literacy: land, water, ice, and air.</p> <p>2. Physical literacy programs for children with special needs: A Progress Reporting Tool Children with autism begin physical literacy programs with more varied needs than their same aged peers. A team of physio,</p>	<p>Monika E. Schloder <i>University of Calgary</i></p> <p>Liisa Vexler, Anna Whyte <i>Ausome Ottawa</i></p>	<p>Physical Literacy / La littératie physique</p>	

	<p>occupational, and behaviour therapists created a personalized reporting tool for this group based on the Sport for Life LTAD model, taking into account 5 areas of need: proprioception, balance, ability to cross the midline, visual focus and strength.</p> <p>3. Addressing the Gender Gap in Physical Literacy: New Evidence In this session, we will present the results of a trial designed to narrow the gender gap in physical literacy in adolescent boys and girls attending structured after school programs in the province of Ontario.</p>	<p>John Cairney University of Toronto</p>		
E5	<p>1. RBC Learn to Play Project: The Innovative Granting Program and Learnings from Project Leadership This presentation tells the story of the people and organizations involved in the leadership of the RBC Learn to Play Project and their collective and unique lessons learned, including recommendations for future work in the physical literacy space. Hear from ParticipACTION, Sport for Life, and Propel.</p> <p>2. Measuring Progress - Framework for Recreation in Canada This presentation will provide an update on the progress of the Framework for Recreation in Canada. Specifically, it will examine the measurement tools that have been implemented to determine its impact. It will also explore the evolving relationship of the Framework with the Canadian Sports Policy, Parks for All and the forthcoming Common Vision for Physical Activity.</p> <p>3. Ottawa's Municipal Sport Strategy- a Collaborative Approach The City of Ottawa Municipal Sport Strategy is a collaborative partnership of the Ottawa's Recreation, Cultural and Facility Services department and the Ottawa Sport Council, with the objective of establishing the priorities, goals and action plans to guide the City of Ottawa's involvement in sport over the next 5 years.</p>	<p>Nathan Honsberger <i>Propel Centre for Population Health Impact, University of Waterloo</i> Drew Mitchell, Tala Chulak-Bozzer</p> <p>Cathy Jo Noble <i>Canadian Parks and Recreation Association</i></p> <p>Marcia Morris <i>Ottawa Sport Council</i></p>	<p>Collaboration & Continuous Improvement / La collaboration et l'amélioration continue</p>	
E6	<p>1. FUNalytics: Using Data to Inform PTSO & Club Operations Freestyle Canada has used data to analyse membership trends and develop a series of recommendations to better align with PTSOs and clubs. This presentation will outline how membership data was collected, analyzed and shared, in addition to future directions.</p> <p>2. N/A</p> <p>3. Jr.NBA Jr. NBA provides an entry-level basketball program for children aged 5 to 7 through a fun, active and healthy learning environment. Jr. NBA focuses on the fundamental movement skills of running, jumping, throwing, catching, balance, agility, and co-ordination. The program includes age-appropriate equipment (smaller basketball and lowered adjustable hoops) and modified games.</p>	<p>James Anderson <i>Freestyle Canada</i></p> <p>Stephanie Rudnisky <i>Basketball BC</i> Christian Alicpala <i>NBA Canada</i></p>	<p>Collaboration & Continuous Improvement / La collaboration et l'amélioration continue</p> <p>Physical Literacy / La littératie physique</p>	
E7	<p>1. Training Coaches and Recreation Staff to Support Kids with Disabilities: What Works and What Doesn't This panel discussion will provide several examples of training activities to support coaches and recreation leaders to support participants with disabilities. Pros and cons of a variety of training approaches will be reviewed. There will be the opportunity for audience members to share their own experiences with training, to identify challenges, and to brainstorm potential solutions</p>	<p>Stephanie Jull - <i>Canucks Autism Network</i> Jacqueline Tittley Rachel Borer <i>Special Olympics</i></p>	<p>Inclusion / L'inclusion</p>	<p>Panel</p>
<p>Lunch & Expo / Déjeuner et expositions</p>				<p>12:45 - 13:45</p>
<p>Plenary Address / Séance plénière Keynote: Ian Bird: President, Community Foundations of Canada</p>				<p>13:45 - 14:15</p>

Citius Vocem (35min)			14:15 – 14:50
1	Movement Preparation	Drew Mitchell	
2	RBC Learn to Play Project: Impact Highlights and Lessons Learned	Nathan Honsberger	
3	Progress Tracker	Douglas Duncan	
4	Aboriginal Communities: Active for life	Greg Henhawk	
5	Newcomer Guide	Emily Rand	
6	FMS	Natalie Rumsceidt – CAC	
7	Youth Leader Training	Marco Di Buono	
Closing in a good way /			14:50 – 15:20
Break / Pause café			15:20 - 15:30
Session F			15:30 - 17:00
F1	<p>1. Quality Sport, Excellence and the Adolescent Athlete Train to Train is a critical time of differentiation when adolescent athletes choose among many potential pathways. How can we support all youth to stay involved and reach their full potential in sport and life? We examine how quality sport environments can nurture achievement, excellence AND enjoyment and personal growth.</p>	Heather Ross McManus - <i>Sports Minded Consulting Ltd.</i> Paul Jurbala, Michelle Seanor	Keys to Development / Les clés du développement Panel
F2	<p>1. N/A</p> <p>2. PLAY Parkland: Physical Literacy and You PLAY Parkland is an authentic learning experience design delivered by the TLC in partnership with community partners to support student success and well-being. This program has been designed to meet the shared goals of educators, parents, coaches and recreation partners by providing a learning space for students to actively participate in a new way.</p> <p>3. The Paralympic FUNdamentals Resource: Using Parasport to Develop Physical Literacy for All The Canadian Paralympic Committee and Boccia Canada are excited to to present the CPC's Paralympic Fundamentals resource, full of fun, inclusive activities that expose students to the four parasports of Athletics, Boccia, Goalball and Sitting Volleyball. These parasports have been carefully selected to foster a wide variety of movement skills and physical literacy. Come learn more!</p>	Jennifer Telfer <i>TransAlta Tri Leisure Centre</i> Jenny Davey <i>Canadian Paralympic Committee</i> Jennifer Larson	Physical Literacy / La littératie physique Individual
F3	<p>1. OneAbility- A Collective Impact Approach to Increasing Physical Activity in Persons with Disabilities Have you ever wondered why we all tend to operate in silos, all working towards a common goal but not knowing what the other is doing? OneAbility has found a solution for this. A collective impact approach designed to increase collaboration amongst similar organizations working towards a common goal.</p>	Andrea Carey <i>Sport for Life</i> Doug Nutting – <i>Recreation Integration Victoria</i> Stephanie Jull – <i>Canucks Autism Network</i>	Inclusion / L'inclusion Panel
F4	<p>1. Recruiting and retaining girls and young women For many, the recruitment and retention of girls and young women is an elusive goal. This panel session will explore the experiences of three organizations that have implemented initiatives designed to engage this important target group. Discussion will highlight practical advice and strategic approaches delegates can use to advance their own initiatives.</p>	Sydney Miller <i>Canadian Association for the Advancement of Women and Sport (CAAWS)</i> Janis Cookson, <i>City of Markham</i> Katie Mahon, <i>Ever Active Schools</i> Lora Fenn, <i>Freestyle Ontario</i>	Inclusion / L'inclusion

F5	<p>1. Including Everyone This session will provide an overview of the True Sport Lives Here Manitoba Committee ? their genesis, strategic plan and continued growth; which includes awareness and engagement across multiple sectors and levels of sport within Manitoba. Several organizations, across all levels of sport, community and academia, joined together to launch True Sport Lives Here Manitoba.</p>	<p>Jarrold Beattie <i>Canadian Centre for Ethics in Sport</i> Glen Bergeron PhD, CAT(C), Greg Guenther, Kasey Liboiron</p>	<p>Collaboration & Continuous Improvement / La collaboration et l'amélioration continue LIVE STREAM**</p>	
F6				
F7	<p>1. UNESCO Inclusive Policies and the Canadian Sport Landscape This presentation will introduce UNESCO policies related to inclusion and sport and how they are relevant to Canadian sport and physical activity practices. This will be discussed within the context of working together and establishing global partnerships.</p> <p>2. Implementing practical and cost effective LTAD for a recreational community youth lacrosse league Opportunities for access to affordable and quality LTAD programs in the US are sparse. This presentation will highlight and discuss the creation, implementation, and oversight of a holistic, practical, yet cost effective LTAD program for a community recreational lacrosse league serving male and female youth from grade 3 through 8</p> <p>3. Physical Literacy and LTAD Programming Integrated Into Year-round Sports Camps A program that connects physical literacy and LTAD into a year-round sports camp locally, and with a variety of partners across the US is shared. The presentation focuses on collaborating with internal and external partners to develop youth of all ages and abilities.</p>	<p>Jennifer Leo <i>Institute of Technology Tralee</i></p> <p>Tony Moreno <i>Eastern Michigan University</i></p> <p>Rick Howard <i>West Chester (PA) University</i></p>	<p>Inclusion / L'inclusion</p> <p>Keys to Development / Les clés du développement</p> <p>Collaboration & Continuous Improvement / La collaboration et l'amélioration continue</p>	