A Collective Impact Approach to Increasing Physical Activity in Persons with Disabilities
We gratefully acknowledge the traditional territory of the Algonquin Nation on whose land we are gathered today.
OneAbility Overview

**Vision:** To establish Greater Victoria as a leading vibrant hub for adapted physical activity that optimizes full inclusion for individuals living with disabilities to engage in recreational, developmental and high performance sport.

**Mission:** Through collaborative leadership, awareness and innovation, OneAbility provides exceptional adapted physical activity programs and services that promote active living and the pursuit of sport excellence.
Issue

- Significant leadership in Greater Victoria from a number of different groups
- Working together has been ad hoc
 Desired Impact

► Develop a coherent shared strategy would take recreational and high performance sport to a new level locally and beyond.

► Together these key partners are positioned to build capacity in the disability sport system.
Outcomes

➔ Strengthen and improve programs
➔ Build capacity
➔ Raise awareness
➔ Develop innovative technologies
What disability related sport or physical activity organization do you know?
What this looks like…
our constellations

One Ability Stewardship Group

- Research & Innovation
- Community & Awareness Building
- Fund Development
- Education & Knowledge Mobilization
- Program & Athlete Training
- Event Hosting
Stewardship & Fund Development

Stewardship Goals

➔ To tie the work of the constellations together
➔ To advocate to government and decision makers the importance of OneAbility
➔ To be a central hub of operations for OneAbility
➔ To make key governance and leadership decisions

Fund Development Goals

➔ To seek funding for OneAbility initiatives
➔ To complete grant applications to support OneAbility work
➔ To determine which partner is the best conduit for funding of initiatives
Research & Innovation

The OneAbility Research and Innovation constellation group is committed to advancing research in the adapted sport, recreation and health fields.

The goals of this group include:

➔ Drive meaningful research initiatives through leveraging the information and learnings shared from the OneAbility community and constellations.
➔ Contribute and maintain an updated repository of existing international research.
➔ Contribute, maintain and update database of current OneAbility-related projects.
Education & Knowledge Mobilization

➔ Create database of individuals with adapted expertise for internal reference.
➔ Facilitate and support presentations to educate around disability and on specific topics pertaining to disability.
➔ Position the Education and Knowledge Mobilization group as a hub for education around classification and disability types.
➔ Identify conference opportunities and advocate for disability content to present.
➔ Create and present content to grow awareness for future practitioners in medicine/health, recreation, education, and sport. Identify education programs in various post-secondary institutions to embed content and presentations into.
➔ Identify potential avenues for future education programming, and develop, deliver and share content.
➔ Liaise with the other constellation groups
➔ Recommend links and resources for additional learning opportunities to be incorporated in our website.
Event Hosting

The goals of the OneAbility Event Hosting constellation group are:

➔ Host annual OneAbility ProMotion week
  ◆ Education Day featuring training for recreation, physical activity and sport leaders
  ◆ Showcase adapted sport opportunities during mainstream sport events
  ◆ Host OneAbility Expo featuring a range of sport and physical activity opportunities for individuals with disabilities
  ◆ Create try-it opportunities for new participants to try a range of sport and physical activities

➔ Explore the opportunity to organize one annual multi-organizational/international Defi Sportif event
  ◆ Host a 2017 games in the west with 8 sports
Program and Athlete Training

The goals of the OneAbility Program and Athlete Training constellation group are to:

➔ Promote and develop the Sledge Hockey program in Greater Victoria
➔ Promote and develop the grassroots boccia program
➔ Promote and develop a para-triathlon program hosted in Greater Victoria
➔ Establish a “Try-it” opportunity for programmers, coaches and managers to enable cross-sport athlete transfer, and increase education
➔ Create a Victoria database to share amongst organization. Include athlete information, program analyses, resources
➔ Create a general OneAbility business card to liaise with people in the community of different abilities
Community & Awareness Building

The goals of the OneAbility Community and Awareness Building constellation group are to:

→ Build awareness
→ Promote the products and programs that currently exist in the community
→ Help deliver information
→ Act as a spokesperson on behalf of OneAbility
→ Elect a webmaster for the OneAbility website
→ Act as a connector to new partners and opportunities
→ Create and maintain a database of contacts involved with OneAbility
→ Link OneAbility to the media, and increase media awareness.
Key Accomplishments

➔ Dynamic mix of organizations committed to OneAbility’s success
Key Accomplishments

Program Partnerships

➔ Blind Soccer
➔ Sledge Hockey
➔ Adapted Climbing
Key Accomplishments

➔ Accessibility 2024 two-year update
➔ Website launched
➔ Media & Awareness Building
Key Accomplishments

Joint Funding applications:

◆ BC Sport Branch Project ($20,000) – successful
  ● PISE, Sport for Life, CanAssist

◆ GoodLife Kids Foundation ($10,000) – successful
  ● CanAssist, Vikes Athletics and Recreation (Canucks Autism Network, Queen Alexandra, CLV, Power to Be)

◆ Victoria Foundation ($15,000) – successful
  ● RIV

◆ Rick Hansen Foundation ($30,000) – successful
  ● CanAssist, Vikes Athletics and Recreation

◆ Via Sport ($1,500) – successful
  ● VWSC

◆ Island Health ($10,000) – successful
  ● VWSC
Key Accomplishments

➔ Partners increasing leadership around education

◆ PISE, CanAssist, Sport for Life - inclusive physical literacy and inclusive fitness webinar, workshop, and handbook

◆ RIV – Training materials
| When?       | November 30th, 2017  
9:00 – 11:30 Education Day; 12:00 – 3:00 Open House  
December 1 – 6, city-wide free drop-ins |
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<thead>
<tr>
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</thead>
<tbody>
<tr>
<td>Where?</td>
<td>CARSA, UVic</td>
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<tr>
<td>Who?</td>
<td>Everyone!</td>
</tr>
<tr>
<td>Why?</td>
<td>Increase awareness, opportunities, knowledge and participation in the region.</td>
</tr>
</tbody>
</table>

Join us to celebrate inclusion and learn about opportunities for adapted sport and physical activity.
Canucks Autism Network provides year-round sports and recreation programs for individuals and families living with autism while increasing awareness and providing training in communities across British Columbia.

➔ Programs
➔ Training
➔ Awareness
Canucks Autism Network: Why We Joined OneAbility

→ Connect and collaborate with other community organizations doing related work

→ Learn from each other

→ Explore partnerships

→ Explore training opportunities

→ Referral network

→ Collaborate on events
The Successes: Events

➔ Showcase the many resources in the community

➔ Shows a ‘united front’
The Challenges

➔ Communication:
  ◆ Information sharing in a large organization

➔ Cross-Promotion:
  ◆ Volume of information delivered to members
  ◆ Measuring success?

➔ Working on projects without funding support:
  ◆ A LOT of goals
  ◆ Subcommittees share vs. work on current objectives
Recreation Integration Victoria is a combined service that represents a shared vision. Our vision is for all people with disabilities to have equal opportunities to participate in our community.

We are an inter-municipally funded service working in partnership with the Victoria Integration Society and the Disabled Sailing Association of BC, Victoria Branch.
We provide:

➔ Leisure planning services, including referral to local programs appropriate to the individuals we work with.
➔ Volunteers
➔ Adapted equipment
➔ Information
➔ Training regarding inclusion and adapted physical activity
Reasons for joining OneAbility

➔ Opportunities to network with organizations and individuals committed to physical activity and the inclusion of people with disabilities,
➔ Removes silos and promotes cooperation amongst organizations,
➔ OneAbility provides an opportunity to promote best practices,
➔ Provides RIV with a venue to promote the philosophy and values we believe in,
➔ Working together we provide consistent messaging, language and terminology pertaining to inclusion and people with disabilities, and
➔ We have a greater influence working together than individually.
Our Contributions to OneAbility

- We participate on several of the constellations, including the Stewardship constellation,
- We have shared our non-profit and charitable status, and successfully submitted grant applications for joint projects as well as for backbone funding for OneAbility, and we have managed the finances associated with these grants
- We have provided direct liaison with our local parks and recreation departments (7 departments, representing 13 municipalities)
- We have assisted in promoting OneAbility and OneAbility events.
Resources available at: rivonline.org/inclusion
Challenges & Opportunities

- Funding
- Recognition
- Time-commitment
- Communication
- Member-accountability
What are you doing to engage with the organizations that you know?
<table>
<thead>
<tr>
<th>Awareness</th>
<th>CPC</th>
<th>Power To Be</th>
<th>Misc. Service Providers</th>
<th>CAN</th>
<th>CAN</th>
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<tbody>
<tr>
<td></td>
<td>Paralympic Schools Week</td>
<td>Have-A-Go-Days</td>
<td>ONE DAY (try it)</td>
<td>Awareness and Training</td>
<td>Family Events</td>
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<tr>
<td>OneAbility</td>
<td>ProMOTION week</td>
<td>Participation in community collaboration events</td>
<td>VWSC WC Basketball Schools Program</td>
<td>PISE Family Day</td>
<td>I CAN BIKE (Multi sport camp)</td>
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<tr>
<td>Organization/Activity</td>
<td>Program/Activities</td>
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<td>-----------------------------------------------------------</td>
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<tr>
<td>Vikes Athletics and Recreation</td>
<td>Just for Kicks: Various Outdoor Activities, Boccia, I CAN BE ACTIVE</td>
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<td>Dance On It/Embrace Arts Foundation</td>
<td>Kids Dance: Para swimming, Power Chair Program, I CAN SWIM, Pony Pals</td>
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<tr>
<td>Cerebral Palsy Association</td>
<td>Inclusive Dance (all ages)</td>
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# Learn to Train

<table>
<thead>
<tr>
<th>VWSC</th>
<th>DSA Victoria</th>
<th>Gorge Narrows Rowing Club</th>
<th>VWSC</th>
<th>VWSC</th>
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<tr>
<td>Wheelchair Basketball</td>
<td>Learn to Race (Sail Canada’s CANSAIL Certification)</td>
<td>Para Rowing</td>
<td>Adapted S &amp; C (PISE &amp; Vikes Athletics and Recreation)</td>
<td>Wheelchair Rugby</td>
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<tr>
<td>Power To Be</td>
<td>Rise Adventure and Wellness Solutions</td>
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<tr>
<td>Progressive Kayaking, Climbing, Hiking Programs</td>
<td>Equestrian Riding Programs</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>Para Swimming</td>
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# Train to Compete

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<tr>
<th>VWSC</th>
<th>VWSC</th>
<th>Triathlon Canada</th>
<th>Gorge Narrows Rowing Club</th>
<th>Screamers Boccia</th>
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<tr>
<td>Wheelchair Basketball</td>
<td>Wheelchair Rugby</td>
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<td>Para Rowing</td>
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<tr>
<td>Adapted S &amp; C (PISE &amp; Vikes Athletics and Recreation)</td>
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<td>Para Swimming</td>
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Interactive Activity
Mapping Your Own System

- Research & Innovation
- Community & Awareness Building
- Event Hosting
- Fund Development
- Program & Athlete Training
- Education & Knowledge Mobilization

One Ability Stewardship Group
MAP the organizations that you know across LTAD
What you told us: Survey Results

Key successes:

“OneAbility has succeeded in identifying the need for collaboration between like-minded organizations. The better connected we all are, the wider our programs and services reach within the community. A strong collective impact group signifies a strong community, and one where citizens are well connected to their local service providers, as opposed to experiencing a disjointed system where they are vulnerable to 'slipping through the cracks'. Although our target clients vary, we all wish to see a stronger community and I believe OneAbility can act as a vehicle towards a stronger community.”

-OneAbility Member Survey Response
What you told us: Survey Results

What does OneAbility do well?

Share
Collaboration
Networking
Information-hub
Raise-awareness
Connect
What you told us: Survey Results

Top emerging opportunities:

➔ More effective communication (internal and external)
➔ Procure funding (from memberships and grants)
  ◆ Enhance admin capacity
  ◆ Secure corporate sponsor for admin support to build capacity
➔ Greater engagement from OneAbility members
➔ Broaden the focus (geography & scope)
➔ Storytelling
➔ Social Media & website
How to keep you engaged:

➔ Key theme: Communication
➔ Streamlined communication, clear objectives and goals, commitment of members and strong leadership.
➔ Keep sending updates about events, programs and information. This is super helpful in referring people to the correct areas.
Are there educational opportunities for OneAbility to facilitate that you or your organization could benefit from?

<table>
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<tr>
<th>Response</th>
<th>Chart</th>
<th>Percentage</th>
<th>Count</th>
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<tbody>
<tr>
<td>Working with specific disability types</td>
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<td>56.2%</td>
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<tr>
<td>Classification</td>
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<td>31.2%</td>
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<tr>
<td>Training coaches and leaders to support participants with a disability</td>
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<td>56.2%</td>
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<tr>
<td>Supporting people with autism in programs</td>
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<td>37.5%</td>
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<td>Overview of long-term athlete development for individuals with a disability</td>
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<td>Educational resources</td>
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Total Responses 16
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<tr>
<th>Response</th>
<th>Chart</th>
<th>%</th>
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<tbody>
<tr>
<td>Membership on a constellation group</td>
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<td>72.2%</td>
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<tr>
<td>Chair a constellation group</td>
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<td>16.7%</td>
<td>3</td>
</tr>
<tr>
<td>Administrative support (i.e. grant writing, coordination, etc.)</td>
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<td>22.2%</td>
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<tr>
<td>Web support (i.e. as the webmaster or contributor)</td>
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<td>11.1%</td>
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<tr>
<td>Personnel time (i.e. staff to support programs, events, projects, etc.)</td>
<td></td>
<td>55.6%</td>
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<tr>
<td>Advice/mentorship</td>
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<td>50.0%</td>
<td>9</td>
</tr>
<tr>
<td>Connect OneAbility (i.e. to new key stakeholders, to your network)</td>
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<td>55.6%</td>
<td>10</td>
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<tr>
<td>Financial support to OneAbility</td>
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<tr>
<td>Graphic design support (i.e. assist in making posters, or other materials)</td>
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<td>0.0%</td>
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<td>Social Media support</td>
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<td>44.4%</td>
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<tr>
<td>Other, please specify...</td>
<td></td>
<td>16.7%</td>
<td>3</td>
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<tr>
<td><strong>Total Responses</strong></td>
<td></td>
<td></td>
<td>18</td>
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2017-18 Proposed Goals

➔ Host OneAbility ProMotion Week
➔ Build relationships
   ◆ School Districts
   ◆ PLAY Group
➔ Map the system and identify gaps
   ◆ Map current programming using the Long-Term Athlete Development framework
   ◆ Work to fill identified gaps
➔ Develop additional community resources
   ◆ Agency & Program Guide
   ◆ OneAbility How-to
➔ Partner on training opportunities
   ◆ Physical Literacy Symposium
➔ Funding goal: $200,000 in grants (10% coordination = $20,000)
Key to Success

“It is a true success to be able to pull together so many like-minded individuals who can share ideas, collaborate on new ideas, work together as a team, provide more cohesive and collaborative services, prevent duplication of services/projects, and pool resources. The committees on which I sit often chat via e-mail outside of meetings and are much more connected as a result of OneAbility's vision.”