



Specialization

Kabir Hosein NAAATT / Practitioner

26th January, 2018

OPERATING ENVIRONMENT PRE 2016

Trinidad
& Tobago



- ATHLETIC CULTURE: Sprints & Throws
- SUCCESS: 100m, 200m, 4x100m / 4x400m Relay & Javelin.
- SPECIALIZATION is shoved upon developing athletes.



IAAF RECOMMENDED MODEL

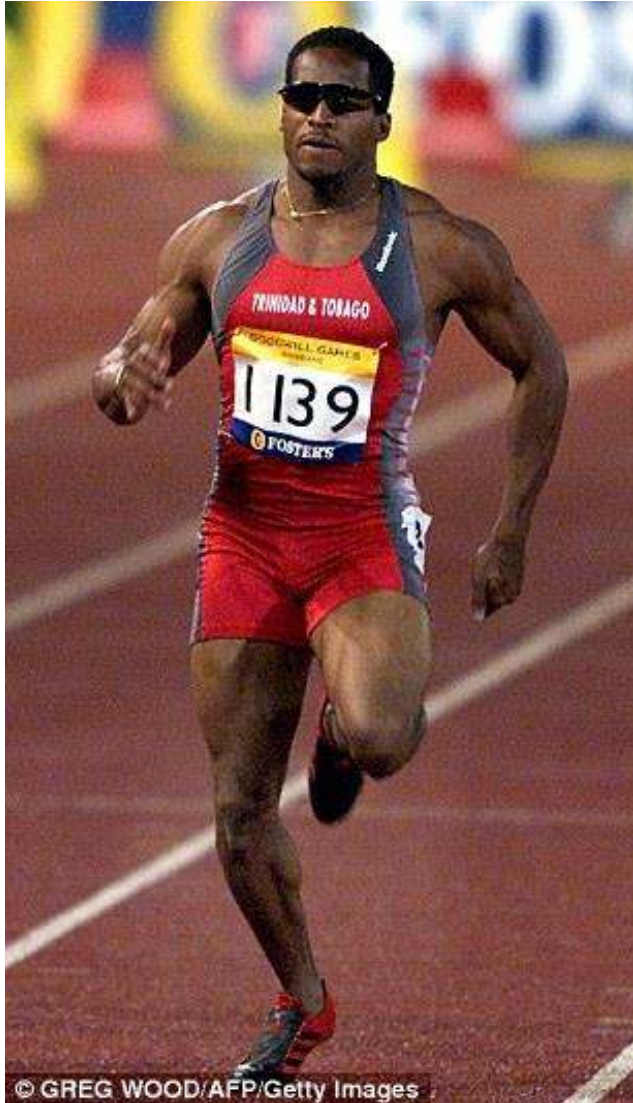


● Kids Athletics –
7 to 14 yrs old /
36 activities

● Age Group
Development –
U13 7& U15 /
Pentathlon

● RDC – Event specific
development

ATO BOLDON



- EVENTS: 100M / 200M/
4X100M RELAY
- Multiple Olympic Medallist.
- Multiple World Champion.
- World Junior Champion.
- Participated in multiple sports during youth.
- **Specialized @ age 18+**

RICHARD “TORPEDO” THOMPSON



- EVENT: 100m / 4x100m RELAY
- Multiple Olympic Medallist.
- Multiple World titles.
- NCAA Champion.
- Participated in multiple sports during youth (mainly soccer/football).
- **Specialized @ age 21**

KESHORN WALCOT - EXCEPTION



- EVENT: Javelin
- World Junior Champion 2012
- Olympic Champion 2012
- Training age in 2012: 3 yrs

OPERATING ENVIRONMENT POST 2016



- ADOPTED THE IAAF MODEL.
- RATIFIED COACHING PHILOSOPHY.
- LTAD NAAATT: OCT 2018.