

Bringing CS4L to Life Through Quality NCCP Coaching

CS4L Summit 2016
Kathy Brook & Neale Gillespie

What do you think **Quality Coaching** means?

CAC's Mission

To enhance the experiences of all Canadian athletes through quality coaching.



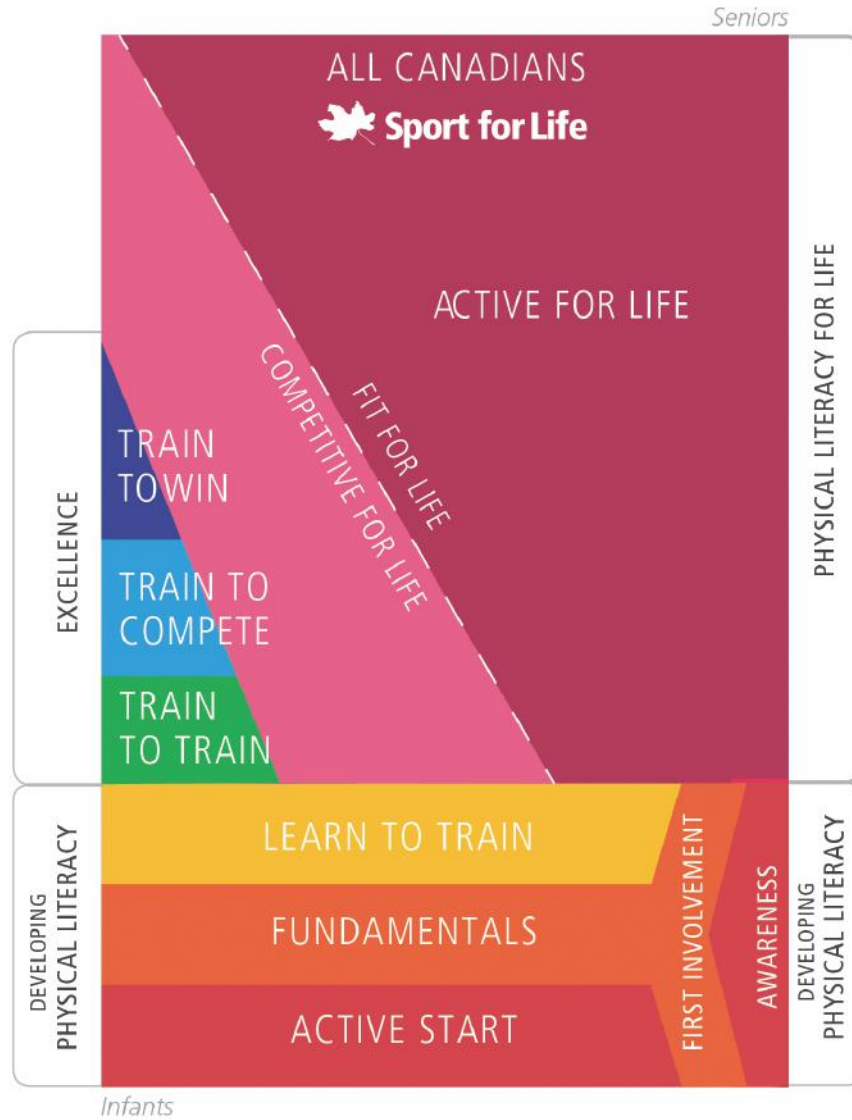
What CAC Does to Enhance Quality Coaching

- Unites stakeholders and partners in its commitment to raising the skills and stature of coaches.
- **Empowers** coaches with **knowledge** and skills, promotes **ethics**, fosters positive **attitudes**, **builds competence**, and increases the credibility and recognition of coaches.

We Do This Through the NCCP

- World leader in coach education.
- Currently the largest adult continuing education program in Canada.
- All coaches receive training based on best practices in instructional design, and ethical decision-making.
- Content that is relevant and current.
- Competent coaches.

We Do This Through the NCCP

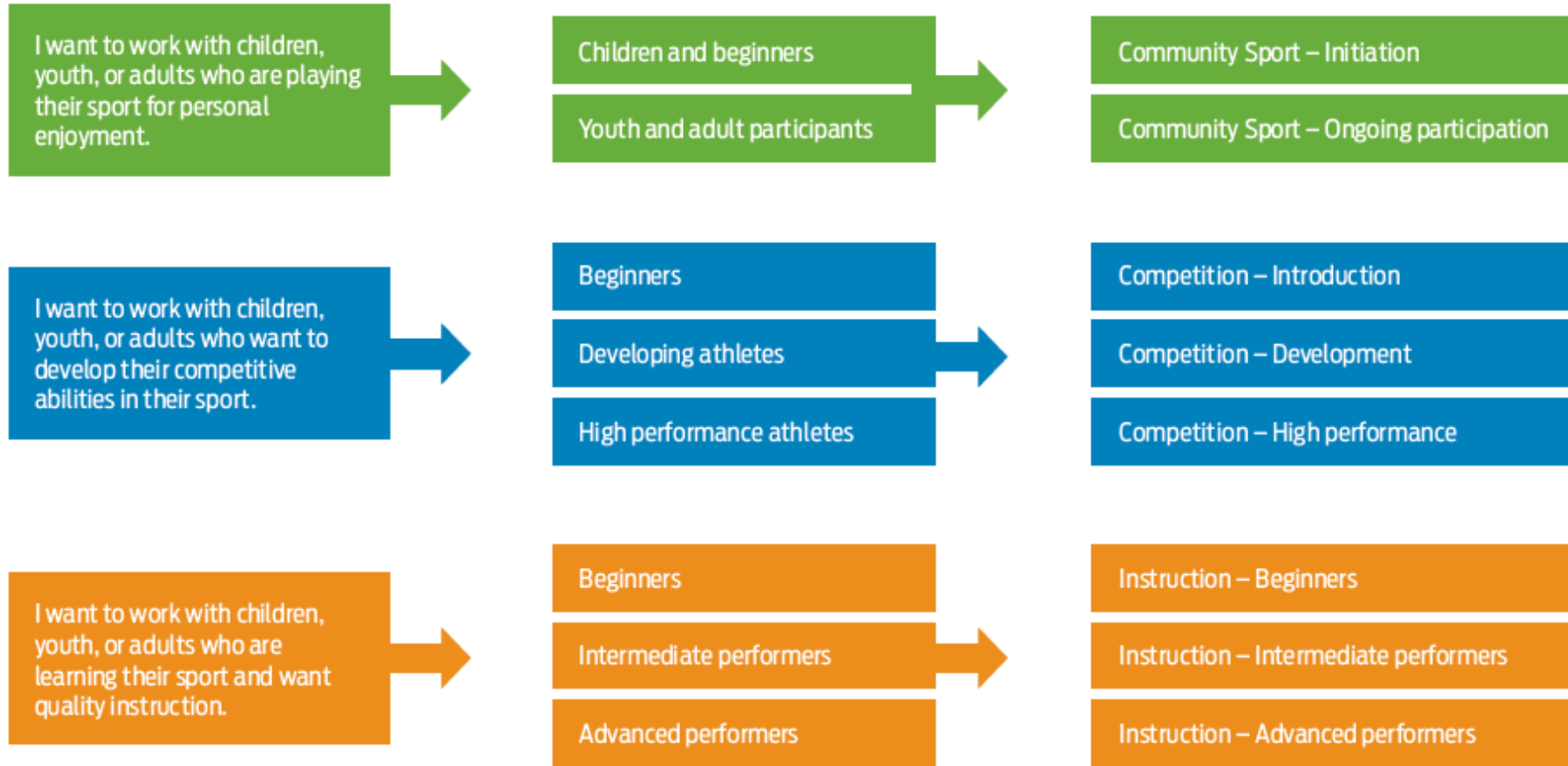


Age and Stage-appropriate Programming

What kind of coaching do you want to do?

What kind of athletes do you want work with?

Look for the following NCCP training opportunities.



How is the NCCP Bringing CS4L Alive?

NCCP Standards

- Stage-appropriate

CAC Communications

- Social media, eNews, partner calls

NCCP Programs and Resources

- LTAD for parents, coach education

NCCP Tools and Templates

- Age and stage-appropriate



NCCP Fundamental Movement Skills (FMS)



NCCP – Special Olympics Canada & Athletics



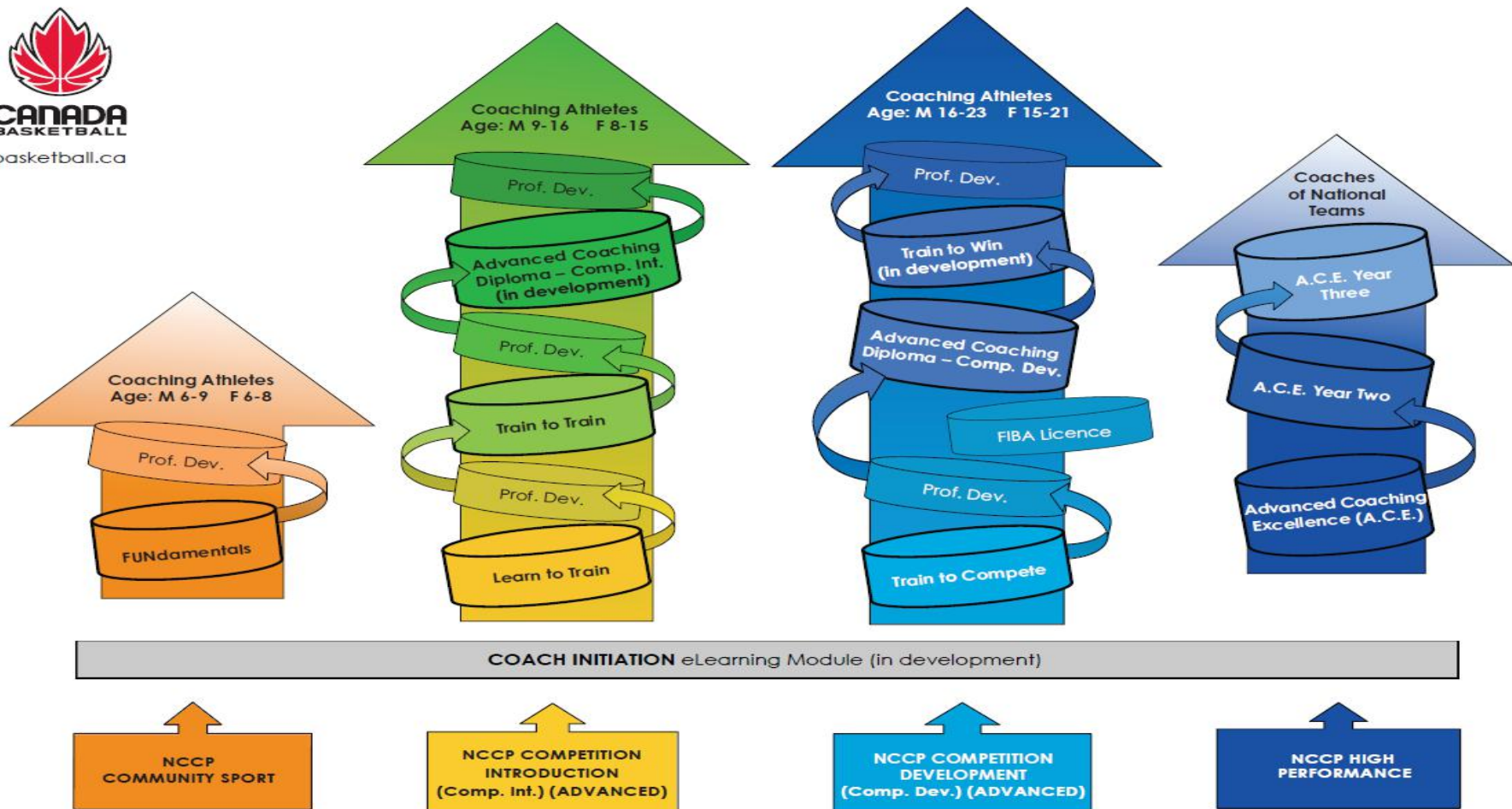
Coaching Young Athletes/



NCCP – Soccer

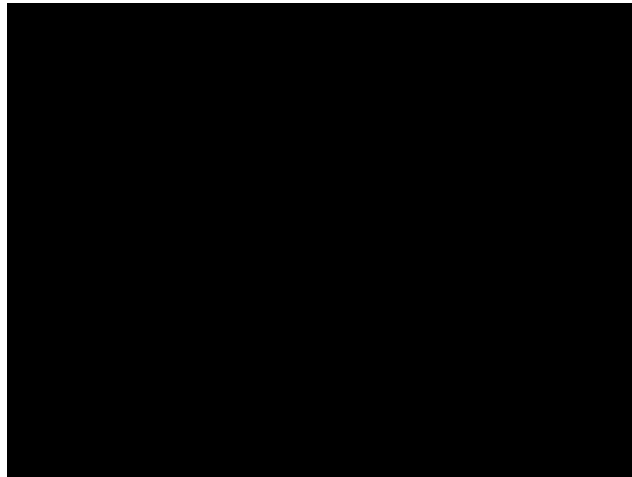


NCCP – Basketball



Canada Basketball Coach-Ed NCCP Pathway

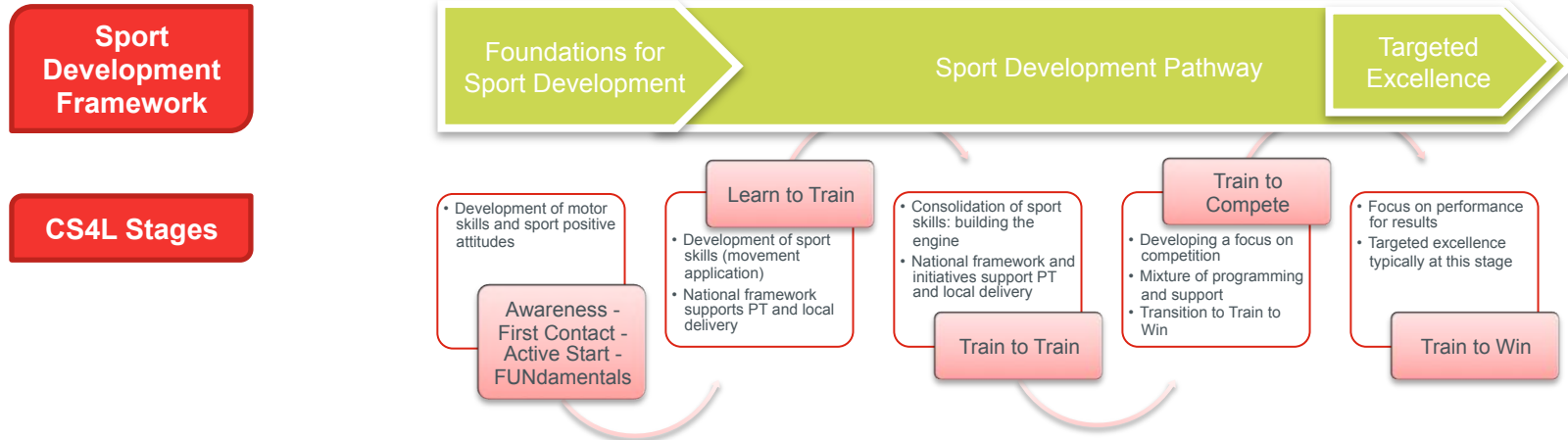
Value of the NCCCP



Resources



Fostering Alignment in the Sport System



Ancillary Impacts: Active for Life (CS4L), Recreational Sport (CSP), Sport for Development (CSP)



How do we implement CS4L?

More trained and certified coaches!



We can answer this question...

What are the measurements or athlete evaluation techniques (beyond wins/losses) at each stage that can be used by coaches to monitor athletes?



But can we answer this question?

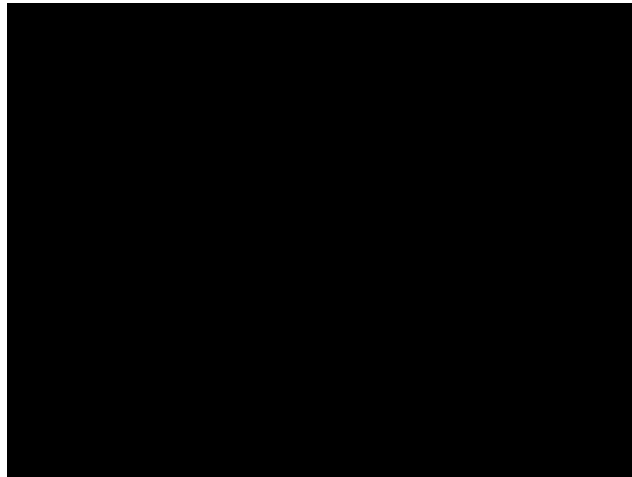
What are the measurements, or **coach** evaluation techniques (beyond wins/losses), at each stage that can be used by **organizations** to monitor **coaches** ?



Bringing CS4L Alive Through Quality Coaching

1. Create **constancy** of purpose and a requirement for the NCCP – “**Athlete-Centered**”.
2. **Coach-driven** system alignment.
3. Culture Shift to a **growth mindset**: lifelong learning process.
4. **Train** and **evaluate** your coaches – just do it.
5. As leaders, **demand** NCCP Trained & Certified coaches

Value of a Chartered Professional Coach



NCCP coaches provide quality athlete development everyday from coast to coast to coast at all stages.

That's the value of
QUALITY COACHING education

What next?

What do you or your organization need to do to ensure Quality Coaching exists?