

# Aboriginal Sport for Life

BC Provincial Sport Organizations  
Aboriginal Long-Term Participant Development Implementation



## ACTION PLANS

Create positive, welcoming sport experiences for Aboriginal athletes and coaches in sport.



### DESIRED OUTCOMES

Increase percentage of Aboriginal children who are physically literate and active

Define a pathway for Aboriginal athletes into high performance sport

Increase the number of Aboriginal people who are active for life

### SPECIFIC OUTCOMES

Complete an assessment of PSO organizational readiness

Create an implementation plan for PSOs

Improve engagement of Aboriginal athletes/ participants in the PSO sport programs

Create positive, welcoming sport experiences for Aboriginal athletes and coaches in sport

## WHAT?

## HOW?

### TECHNICAL LEADERSHIP

- Train PSO leaders in Aboriginal Coaching Modules (ACM).
- Train more technical leaders.
- Coach development between mainstream and Aboriginal technical leaders.

- Organize and support ACM training for PSO leaders.
- Support coaches in Aboriginal communities.
- Support Aboriginal athletes and coaches in Provincial Games.
- Build and deliver club development capacity, on-reserve.
- Communicate coaching requirements for the North American Indigenous Games (NAIG).

### TRAINING

- Indigenous Sport, Physical Activity and Recreation Council (ISPARC) and NAIG Aboriginal coach mentorship and athlete training opportunities.
- Support delivery of healthy activities within Aboriginal communities.
- Offer training opportunities and Aboriginal specific promotion.

- Develop curriculum to recognize and include Holistic needs of participants (physical, mental, cultural, and spiritual).
- Work with partners to implement programs in Aboriginal communities.
- Train leaders and coaches in cultural safety prior to going into Aboriginal communities.
- Recognize and support Aboriginal athletes and programs.

### EVENT HOSTING

- Work with local Aboriginal leaders.
- Respect protocols.
- Recognizing traditional territories and cultural practices.

- Include cultural components in event hosting.
- Acknowledge the traditional territory in competition notices and announcements at events.
- Share and coordinate competition schedule with Aboriginal sport organizations.
- Host camps for Aboriginal coaches and athletes at Provincial Events.
- Build relationship with *Aboriginal Tournament Coordinator*.
- Develop ride sharing platform to increase Aboriginal participation.

### OPERATIONS

- Take time to build strong relationship with Aboriginal partners.
- Communicate with Provincial/Territorial Aboriginal Sport Body (PTASB) on a consistent basis.

- Current number of Aboriginal participants in sport.
- Update language around Aboriginal self-identification in membership.
- Build out agenda of Learn to Train, Train to Train LTAD stages.

### GOVERNANCE

- Review policies to be inclusive of Aboriginal participants.
- Create a welcome and supportive environment for all participants.

- Review current policies with the PTASB.
- Ensure supportive environment.
- Ask PTASB for feedback on policies and practices that may create barriers.