



OPTIMIZING THE CANADIAN PARALYMPIC SYSTEM TO ENHANCE HIGH PERFORMANCE OUTCOMES

*CATHERINE GOSSELIN- DESPRES
EXECUTIVE DIRECTOR, SPORT
CANADIAN PARALYMPIC COMMITTEE
JANUARY 28, 2016*



ABOUT THE CANADIAN PARALYMPIC COMMITTEE



OUR VISION

TO BE THE WORLD'S LEADING
PARALYMPIC NATION BY 2022



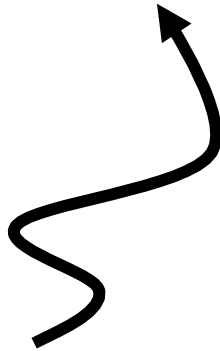
CLEAR ASPIRATIONS: WHAT CANADA CAN BE

World Leading By 2022 Means

Medals



Pathways



Awareness



Resources



Leadership





THE ASCENT

4

1

High Performance + Games Enhancement

Coaches

- Recruitment
- Development pathways

Athletes

- Recruitment
- Pathways
- DTE

Games

- Mission support

2

System Development + Education

Targeted developmental activities to fill the podium pipeline

3

Sustainable Business Model

Public Awareness

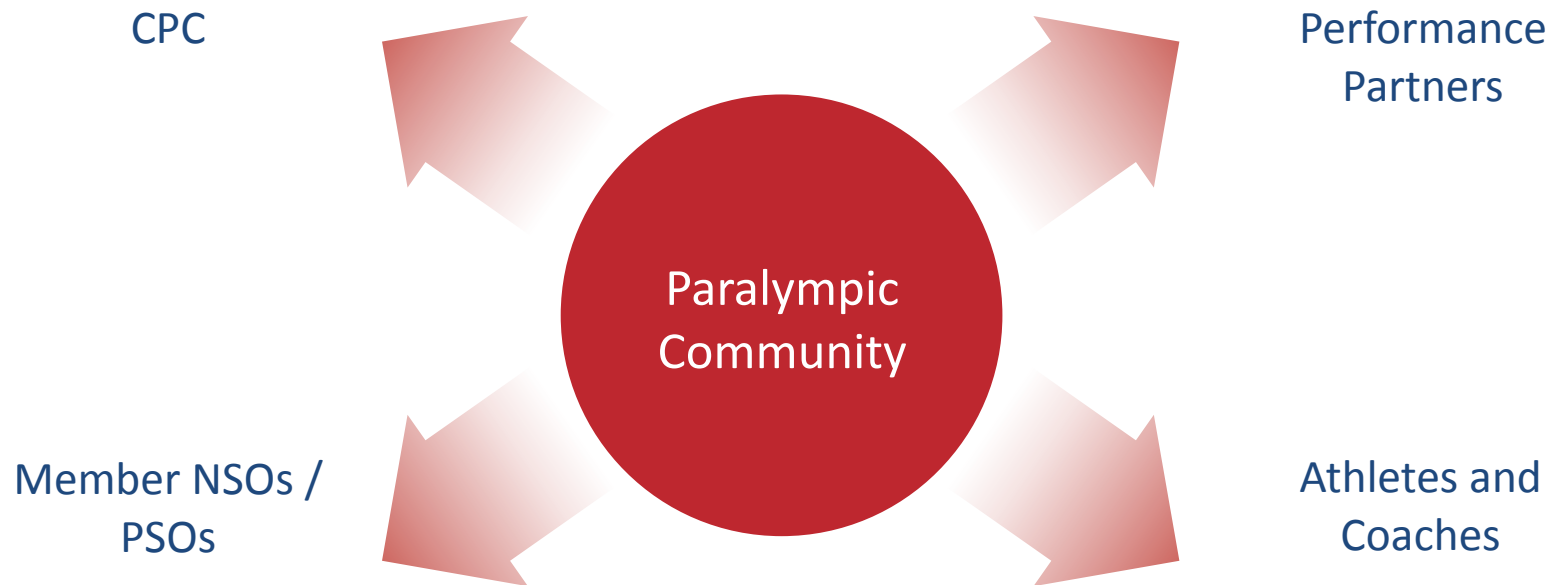


PARALYMPIC PATHWAY AND CURRENT GAPS



WORKING TOGETHER AS ONE COMMUNITY

The diversity of the Paralympic community is its greatest strength



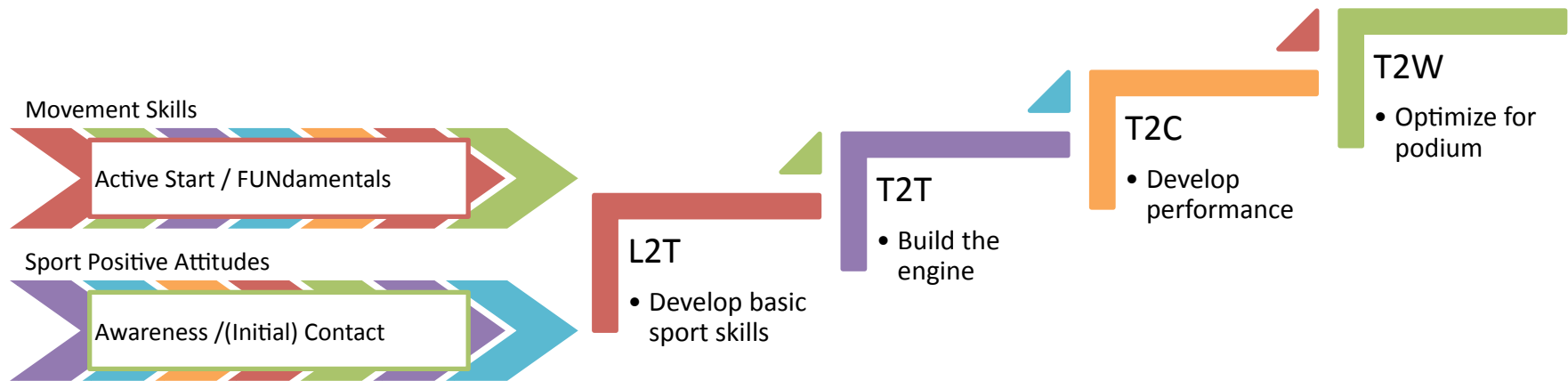


BUILDING AND ENGAGING
PARTNERSHIP NETWORKS IS
CRITICAL
CANNOT DO THIS ALONE

Sport Development Framework

Foundations

Pathway





Paralympic Pathway System Gaps

- Capacity within the Canadian Paralympic System
- Para IQ
- Recruitment/ First contact : Low % of population
- Education System is different between Province
- Overall investment in Paralympic sport at various stages is variable and sometimes inconsistent
- National – Provincial Alignment (to a greater degree than Olympic sports)
- Club Structure/ Provincial Structure not always existent
- L2T/T2T Stages are sometimes non existent
- LTAD Models/ ADM need to be adapted to the sport specificity (Classification and Disability Groups)



Our current challenge?

**ACHIEVE OUR VISION AS A PARALYMPIC
SYSTEM IN CANADA**



CPC's Role in System Development

By focusing on athlete development activities that are proven to translate into better high performance outcomes, we will achieve our goals for increased participation while also ensuring a stable foundation for future Paralympic success.



Provincial Alignment & Co-ordination Strategy

General Principles

- ❑ Shared values, priorities and areas of focus
- ❑ Strong leadership at key levels (Elected & Provincial)
- ❑ Readiness & commitment to work together and through the process
- ❑ Interest and commitment to leverage and align efforts/programs/services in targeted areas
- ❑ Balance of System level (FPTSC) and targeted provinces for 2016/17
 - Ontario
 - BC
 - Quebec
 - Others to be considered (Alberta, Nova Scotia)



Provincial Alignment & Co-ordination Strategy

Ontario

- Building relationships (Sport Branch & Sport Minister)
- Desired Outcome- increased working relationship, stronger alignment of priorities, policies and program

BC

- Building relationships(MPP, Via Sport, BC Government- Sport & Transportation Branch)
- Partnership work
- MOU activation for BC
- Desired Outcome- increased working relationship, stronger alignment of priorities, policies and program


Quebec

- Preliminary discussions with INS
- Follow up required to link with both elected and provincial staff




Fundamental Movement Skills Resource

<http://education.paralympic.ca/>



Welcome, Catherine Gosselin-Despres



MY CONTENT

See content you are enrolled in

RESUME

Paralympic FUNDamentals Ph...

Updates

SEP 18 WELCOME TO THE CANADIAN PARALYMPIC FUNDAMENTALS PHYSICAL LITERACY RESOURCE!

The Canadian Paralympic Committee welcomes you to our new e-learning platform, designed to support the development of physical literacy in all children through parasport.... Click here to read more.

SEP 18 ACCESS GRADE 2-3 AND GRADE 4-6 RESOURCES

Interactive teacher resources for grades 2-3 and 4-6 can be accessed in the "My Content" button. Individual sport resources are available for download in the "Resource" section.

CATALOGUE


See other available content

CALENDAR

Key Dates

RESOURCES

Browse or download resources



Welcome, Catherine Gosselin-Despres

PARALYMPIC FUNDAMENTALS PHYSICAL LITERACY RESOURCE

Interactive Introduction - Grades 2-3

▶ **Grades 2-3** **Launch**

Resources - Grades 2-3

- ▶ **Resource Purpose and Design** **Launch**
- ▶ **Goalball** **Launch**
- ▶ **Athletics** **Launch**
- ▶ **Boccia** **Launch**
- ▶ **Sitting Volleyball** **Launch**
- ▶ **Appendix** **Launch**

Curriculum Links

▶ **Curriculum Links** **Launch**

Interactive Introduction - Grades 4-6

▶ **Grades 4-6** **Launch**

Resources - Grades 4-6

- ▶ **Resource Purpose and Design** **Launch**
- ▶ **Goalball** **Launch**

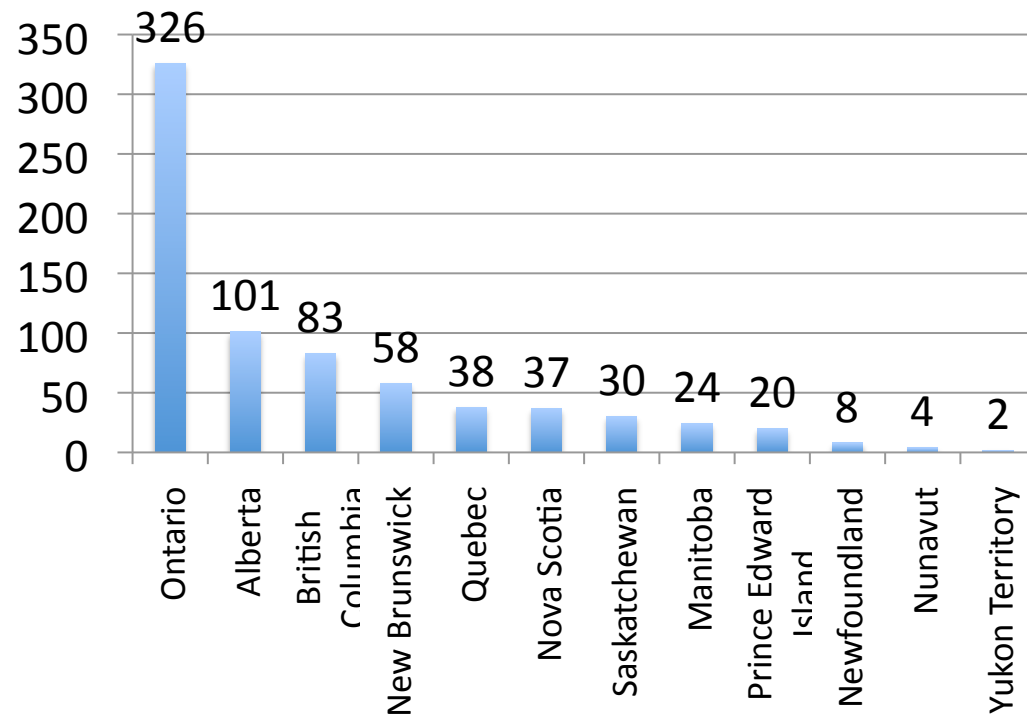


FUNdamentals Registration Data

Sept 2014 – Sept 2015

- ~ 800 registrants internationally
 - 731 Canadian users
 - 54 International users

Provincial Breakdown





Paralympic Schools Week

APRIL 25-29th, 2016

[Home](#) > [Programs and Resources](#) > [Paralympic Schools Program](#) > [Paralympic Schools Week](#)

FUNDamentals
Physical Literacy
Resource

Paralympic
Schools
Program

Paralympic
Schools Week

#CoinsForCanada

Chat with
Champions!

Digital Resource
Pack


Funding

Paralympic
Heroes

Alumni Program

Changing minds,
changing lives

Paralympic Schools Week



Paralympic Schools Week 2016

Building on the success of Paralympic Schools Week 2015, the Canadian Paralympic Committee is pleased to announce the dates for next year's event: Paralympic Schools Week will take place April 25-29, 2016.


Paralympic Schools Week is an annual weeklong celebration of parasport and the Paralympic Movement, enjoyed by schools from coast to coast. It's a fantastic opportunity to show your support for Team Canada and get your students active in parasport!


Mark your calendars and get ready for a variety of exciting ways to get involved, from free resources and activity ideas to lessons plans and even the chance to win a school visit from a Paralympian! With the Rio de Janeiro Paralympic Games coming up in the summer of 2016, Paralympic Schools Week will be a perfect way to build excitement in your classroom or gym.


For any questions or additional information about Paralympic Schools Week please contact:

Lenora Davou, Senior Coordinator, System Development & Education


Share this page:

 329



 26

 0

PETRO-CANADA'S PARALYMPIC SUPPORT



Petro-Canada has supported the Canadian Paralympic Team for over 12 years.

SHARE THIS ON:   

[Learn more about Petro-Canada's support](#)



Find your Sport Tool

- Find your sport tool helps you gain an understanding of which para-sports a participant may be eligible for depending on impairment type.
- Not all impairments are eligible for each para-sport and in the case of some sports, only one or a small number of impairment types are eligible to participate in that para-sport.
- Paralympic Sport groups athletes with similar impairments together to ensure that competition is equitable and fair. This process is called classification.



Find your Sport Tool

Instructions

[Click here for a fully accessible version of the Find Your Sport tool \(best for screen readers\).](#)

Start by selecting your disability type and follow the next prompts. You will see the para-sports narrow down to the para-sports which you may be eligible to participate in.

Click on the para-sport to find out further information about that sport.

Cerebral Palsy & Acquired Br:

Quadriplegia - able to propel:

Para-swimming



[View sport](#)

Wheelchair Rugby



[View sport](#)

Boccia



[View sport](#)

<http://paralympic.ca/findyoursport>



Find a Club Tool



418 Clubs in the Tool

AB BOBSLEIGH ASSOCIATION | BOBSLEIGH

Bob Niven Training Centre Rm. 205 88 Canada Olympic Road S.W.
Calgary, AB T3B5R5

[View club](#)

AB SPORTS & RECREATION ASSOCIATION FOR THE BLIND | GOALBALL

#007, 15 Colonel Baker Place NE
Calgary, AB T2E4Z3



CPC GRANTS – CURRENT STRUCTURE

System Development \$125,000

- Consolidated Recruitment and Equipment Funds; LTAD focused
- May be used to develop or enhance para-sport initiatives
- Funded solely by CPC; request to increase to \$150K for 16-17

JumpStart \$150,000

- Support the costs of para-sport for children between the ages of 4 and 18
- Administered by Canadian Tire; CPC reviews para content
- 50% CPC funds

Invacare \$150,000

- Expands availability of introductory para-sport equipment
- Basketball chairs, tennis chairs, racing chairs, handcycles
- VIK, 50% CPC funds, Matching grant



CURRENT ELIGIBILITY

Initiatives

Recruitment

Equipment

Coaching, Camps, Competition

Community Building

Applicants

Local Sport Club

Municipalities

Provincial Sport/Para/Disability
Orgs

Other (not for profit,
healthcare)



HP Focus Strategy

By focusing on the recruitment of both world-class coaches into Canadian Para sport and promising para-athletes into high performance programs, we will support and work to ensure aligned development pathways for both.



Canada within a Global Paralympic Movement

- Canada was an early leader in the movement.
- Global sophistication (More countries competing).
- Low total Population with disability vs other Nations.
- Strong Health System in Canada (Less people with congenital disabilities) and strong laws for security / transport (Less people with acquired disabilities).
- Low Incidence of participation in major global conflicts.

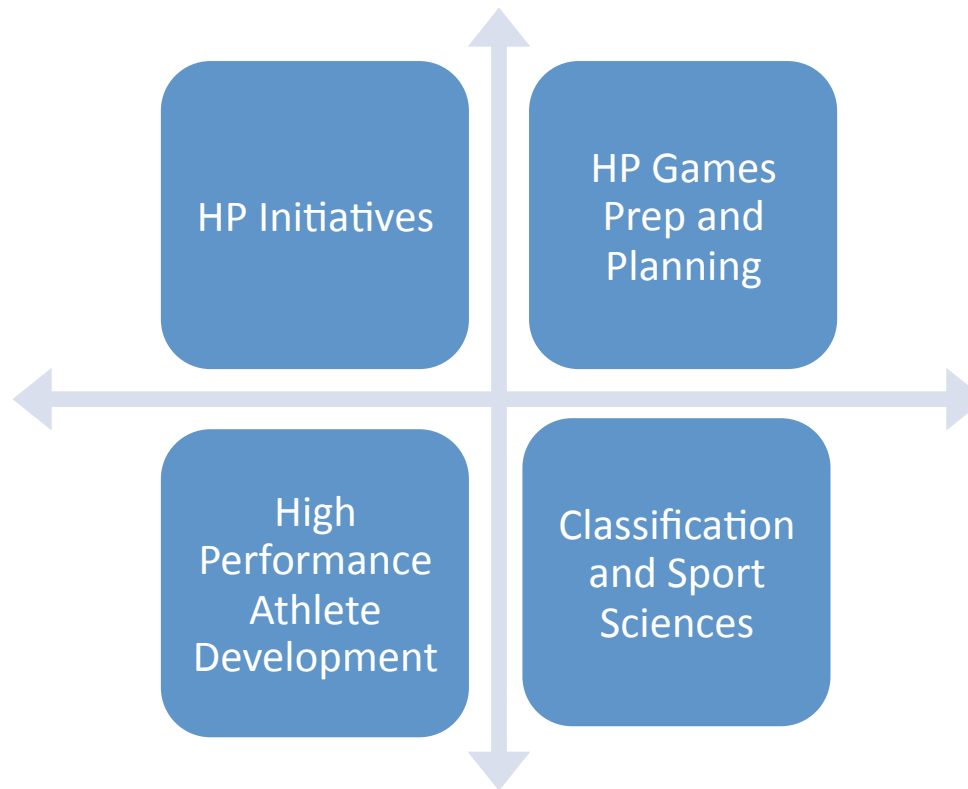


Current Paralympic System Gaps

- Quality / Quantity of coaches (pool)
- Shallow Athlete/ Participant Pool/ Lack of effective Athlete ID / Transfer Strategy.
- Scattered system with many organizations and structure within various provinces and areas.
- Lack of harmonization for a clear Pathway and HP Pathway in the various sports
- Low capacity and resources in relations to Paralympic Sport within the NSOs/ PSOs
- Not many sports have Semi-Centralized / Centralized Programs
- Classification and Para Sport Sciences and Medicine Expertise



HP Priorities for investments





High Performance Initiatives

- Support Enhanced Daily Training Environment funding aligned with coaching position (when possible) investments (increased number of contact days with coach) -NextGen or HP programs
- Supporting an increase in coaching positions (Next Gen) for targeted Paralympic sports program(multi-year investment).
- Elite Athlete Equipment Fund



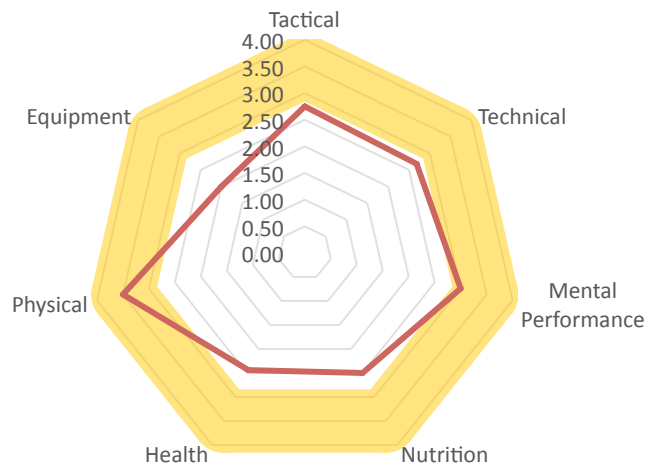
High Performance Athlete Development

- Paralympic HPAD Advisors
- Increase athlete pool in targeted Paralympic sports (Athlete ID/ Athlete Transfer). – Paralympian Search
- Equipment support for newly identified/transfer Athletes
- Podium Pathway/GMP Planning/Workshop support
- Working with disability Orgs for athlete Identification



High Performance Athlete Development

NSO and PSO alignment will ensure success by:



- Supporting athlete development from bottom up;
- Coordinating HPAD initiatives across throughout the province.
- Tracking success of athletes;
- Improving understanding of athlete quality and numbers;
- Setting clear expectations to athletes, coaches and clubs;
- Ensuring objective funding decisions;
- Supporting High Performance planning.



1-Where Did We Start?

- Review of other nations practices





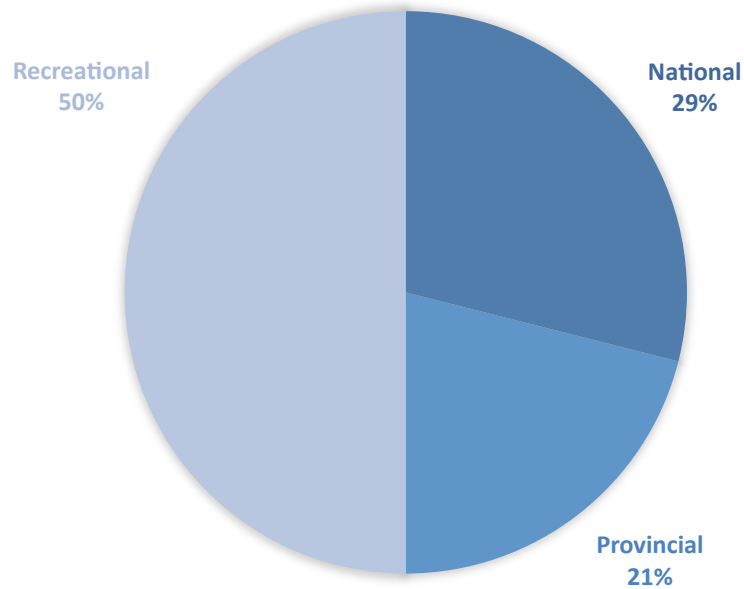
Paralympian Search Concept

- Inclusive to athletes with a Physical or Visual Impairment;
- Inclusive for athletes of varied experience, but with a focus on 14-25 in age;
- Generic Testing Protocols developed in partnerships with sports;
- High Performance Focused, but with pathways for all following event;



Paralympian Search Calgary By the Numbers;

IDENTIFIED ATHLETES



- 6 Athletes attending Para-Nordic Camp tomorrow;
- 6 Athletes engaged in Para-Cycling emersion plan;
- 4 Athletes attended first Wheelchair Rugby practice last weekend.



Next Steps

- Toronto – February 27th 2016
 - Venue – CSIO and TPASC
 - National and Provincial partners
 - Targets and Additional activities
- Montreal – April 2016
- Vancouver – May 2016
- In addition we will work to finalise the following locations for 2016/17 - Halifax, Quebec City or Ottawa, Saskatoon or Winnipeg and Edmonton.
- Research also being conduct as part of this project: Dr Joe Baker (York University)



Coaching Positions

- **Para-Cycling (Multi Year) :**
 - NextGen Coach in Quebec -Para Position (INSQ, Cycling Canada, OTP,CPC)
 - Para Prov. Coach in ON(Cycling Canada/ CPC/ Ontario Cycling)
- **Para-Swimming (Multi Year)**
 - ITP Coach in Montreal Para Position (INSQ, Swimming Canada, OTP Funding , Swimming QC and CPC)
- **Para-Athletics**
 - Western Para-Athletics Recruiter (Athletics Canada and CPC)
- **Para-Alpine NextGen (Multi Year)**
 - Coach in BC full time Para (CPC, Alpine Canada, OTP)
- **Para-Nordic NextGen (Multi Year)**
 - Coach in AB Full Time Para (CPC, Cross Country Canada, OTP)



Classification and Sport Science

- New Classification role at CPC
- Develop a National Classification Strategy
- Education for Athletes and Coaches
- Increase access to classification opportunities in Canada
- Classification Grants
- R&I support through OTP I4G
- Sport Sciences Strategy being developed with OTP



POTENTIAL NEW AREAS OF COLLABORATION FOR PARTNERS



Areas of opportunities System Development and Education

- Enhance capacity within the System (people and resources)
- Sequence approaches to various sports nationally
- Collaborate not duplicate programs and efforts
- Develop targeted expertise in key areas in relation to para-sports
- Targeted work with key Provinces with high population of people with disability and priority projects
- Keep working with partners in order to align priorities
- Ensure that the CPC resources are known and promoted across partner within the pathway



Areas of opportunities for HP and Games Enhancements/ Excellence

- Facilitate harmonization between NSOs and PSOs with a primary focus on targeted individual sports (Swimming, Cycling, Athletics, Nordic and Alpine) and targeted Team Sports.
- Enhanced Daily Training Environment (Centralised Environment) funding aligned with coaching position investments (increased number of contact days with coach).
- Augment number of coaching positions (Development/ Next Gen) for targeted Paralympic sports program(multi-year investment)/ Provincial Coaches
- Enhance PSO structure to reflect Paralympic Sport expertise and priorities (investments in Coaching/ DTE)



Areas of opportunities to drive HP outcomes through development

- Support new revenue streams for Paralympic sports including strategic public/private partnerships in provinces, territories and nationally around priorities
- Making Paralympic Sports front and center within the Provincial Agenda
- Clear interest areas with a range of priorities and varying degrees of emphasis on different areas across the country .e.g. coaching, awareness, first contact and Build a customized approach based upon mutual interest, readiness & capacity.
- Local or Provincial funding enveloped to be aligned with Para sport priorities and HP system priorities



THANK YOU | MERCI !