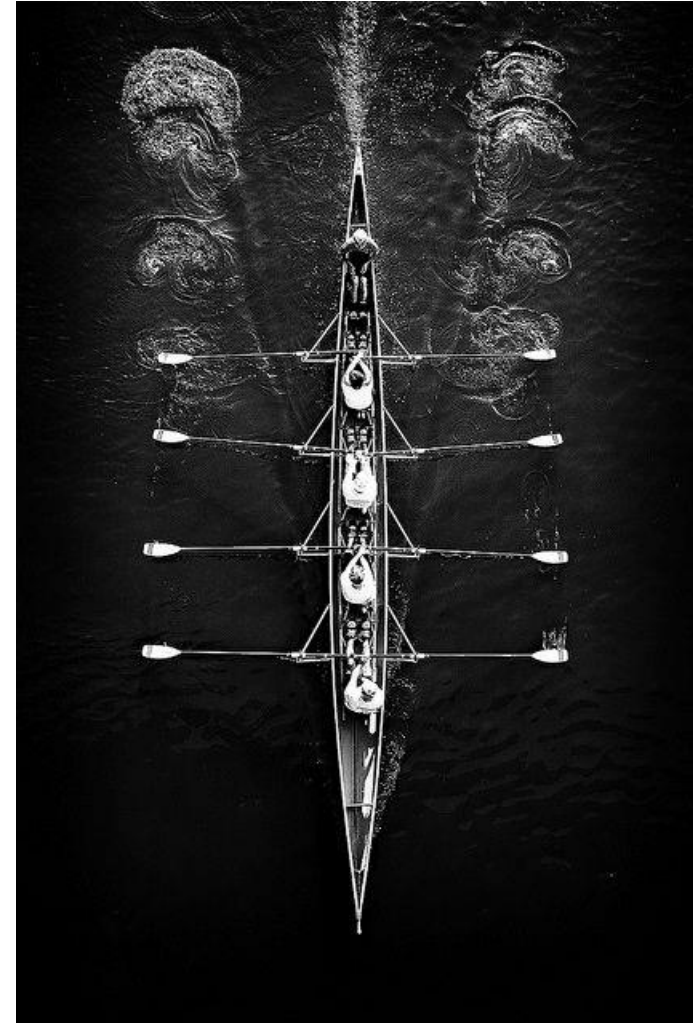


Principles of Alignment

Key considerations in building a clear and holistic athlete development pathway by aligning the Athlete Development Matrix guidelines with Podium Pathway benchmarks

Four Areas of Alignment

1. Objectives
2. Communication
3. Order of Operations
4. Resources & Priorities



Objectives

- ADM & GMP have different objectives
- ADM predominates in early stages of athlete development & Podium Pathway predominates in High Performance athlete development
- ADM provides a developmental foundation for achieving the benchmarks laid out in the Gold Medal Profile
- Progression along the Podium Pathway is determined by athlete performance and their ability to close identified GMP gaps – not a linear process
- All athletes in excellence stages of LTD can use GMP benchmarks as aspirational goals

Different Focus – Same Framework

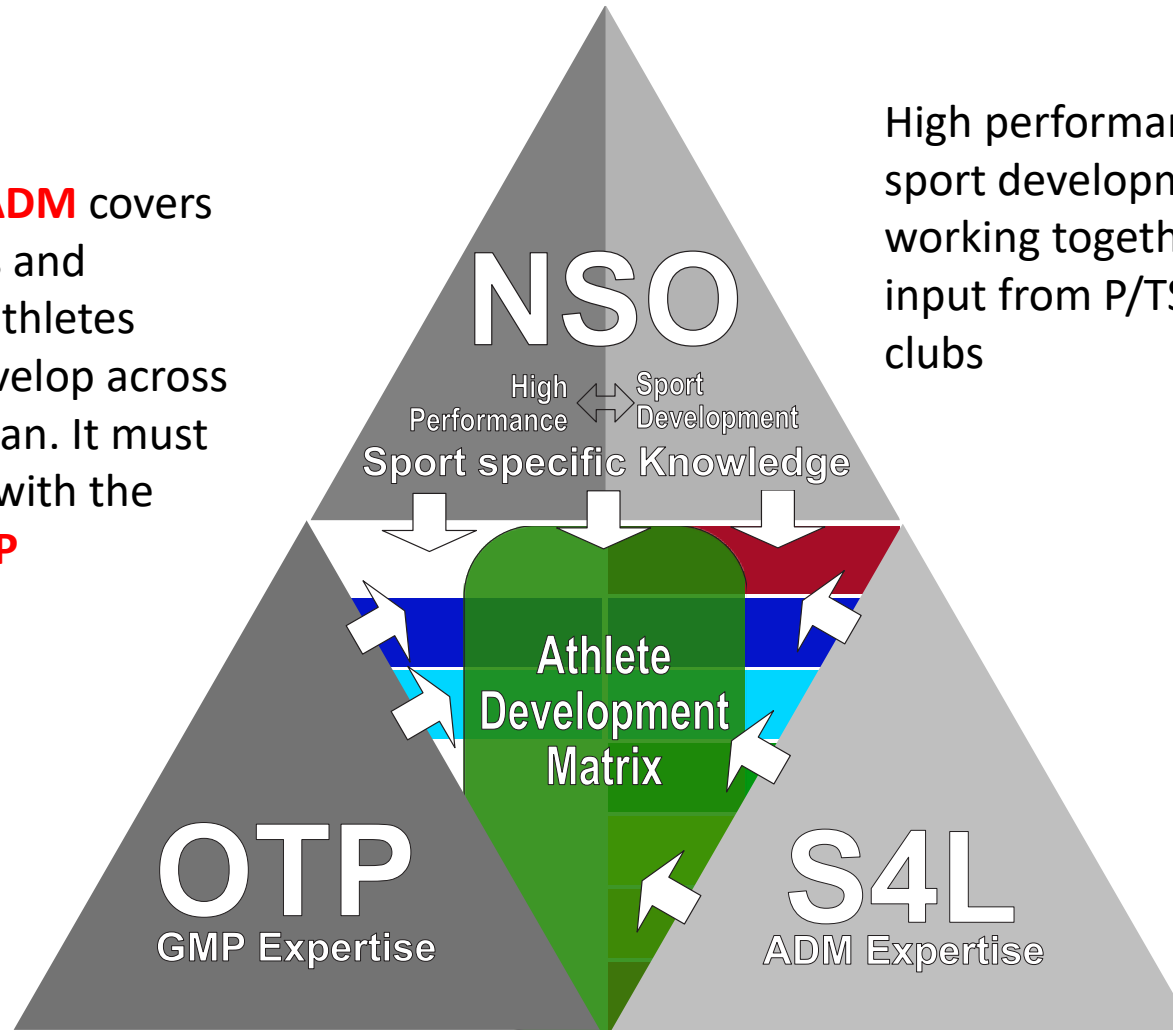


Communication

- Sport Development & High Performance staff **must** work together to develop benchmarks & guidelines for all Excellence stages of the LTD
- Language consistency (Glossary of Terms) within your sport
 - Use common language to describe the development of skills and capabilities in **all contexts** and **at all stages** of athlete development

Who needs to be involved?

The NSOs **ADM** covers all the skills and attributes athletes need to develop across their life-span. It must be aligned with the sport's **GMP**



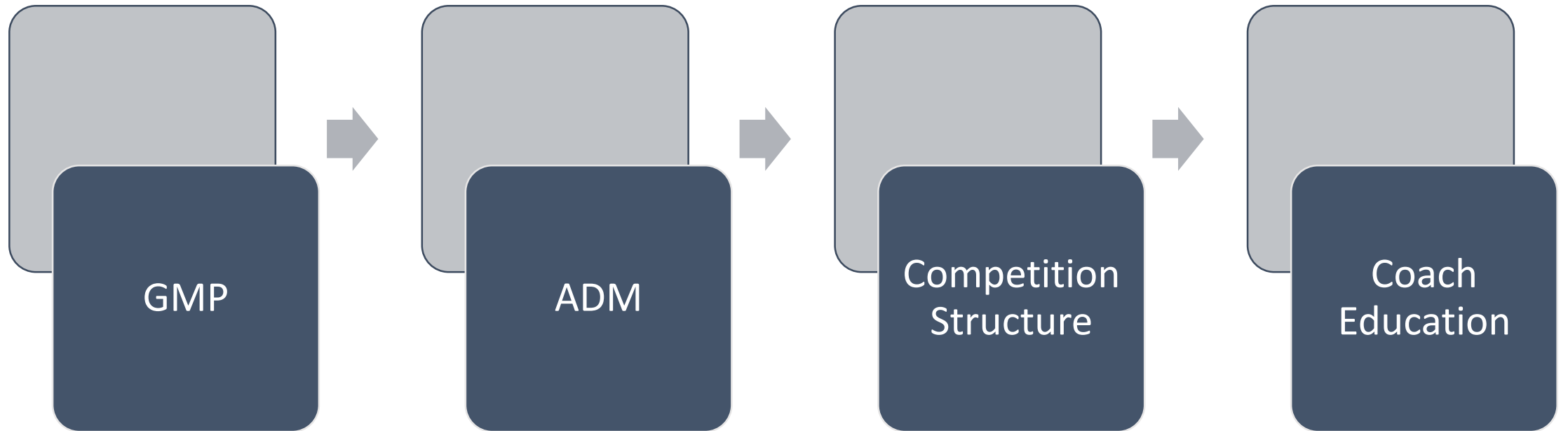
High performance and sport development units working together with input from P/TSOs and clubs

While **Sport for Life** works across all 7 stages of development **Own the Podium** is focused on Train to Compete and Train to Win,

Order of Operations

- Planning best practice: work backward from the target event
 - Where possible, develop GMP before ADM
- Well-developed ADM and GMP help NSO's design better competitive sport environments
 - More effective coach education material
 - Better competition review processes
 - More meaningful competition structures

Where Are You Now?



Resources & Priorities

- Knowledge & Awareness
- Technical Resources
- Leadership
- Commitment

What is your capacity?

The impact

