



#### LTD Leads Series Session #1

Exploring the "What", the "Why", and the "How" of Quality Sport. And Who is it All for Anyway?" with Heather Ross McManus, Dorothy Paul and Christian Hrab

Date and Time: January 25, 2022, 12 PM - 2:30 PM CT

What does Quality Sport mean or look like for your participants? What are your ideals for athlete-centred sport in your world? Are there difficulties or barriers to achieving this? Are there things you have done already, witnessed, or wish to do?

Please join us for an open conversation highlighting shared meaning and experiences, challenges and ideas for sport across all stages of athlete development.

### **REGISTER HERE**

### LTD Leads Series Session #2

Grassroots Sport: Practical Ideas for a Quality Sport Experience with Richard Sylvester and Other Panelists

Date and Time: February 1, 2022, 6 PM- 7 PM CT

This session will focus on practical tips highlighting real-life examples of how to implement quality sport at the grassroots level, focusing on the early stages: Fundamentals, Learn to Train and Train to Train. Led by LTD Advisor and community sport leader Richard Sylvester, it will draw on the expertise and experiences of community coaches and sport leaders to highlight great examples of using the Quality Sport Checklist in community sport settings.

Join us for a 60-minute session to learn how other sport leaders are activating Quality Sport in their setting. And then stick around for 30 minutes post-session to engage in dialogue and exchange ideas with other local leaders from across the country

## **REGISTER HERE**

# LTD Leads Series Session #3

The Quality Sport of Tomorrow with Paul Jurbala, Vicki Harber, Greg Henhawk and Colin Higgs

Date and Time: February 3, 2022, 12 PM - 2:30 PM CT

Canadian sport has taken many turns since the advent of LTD in 2005. Now work is beginning on the next Canadian Sport Policy to define the characteristics of "the sport we want" for the coming decade. What sport do we want in this changed and changing world? What steps can we take together to ensure that tomorrow's sport is Quality Sport? What role could/should Sport for Life LTD play?

Join us for what promises to be an interactive and engaging session.

### **REGISTER HERE**