



International Physical Literacy Conference 2023

Registration, Rates & Day-by-day Breakdowns

Sport for Life and its host partner, [New York Road Runners](#), are proud to bring you an action-packed week of all things physical literacy! We've got an amazing lineup of keynote speakers, workshop facilitators, presenters and panellists from around the globe. From our opening reception hosted by [Hip Hop Public Health](#), to our active workshops, to our *five* streams of physical literacy-enriched content, we aim to deliver an unforgettable experience. Learn more about each day of the conference:

- [Tuesday, May 2, 2023 - Workshops and Opening Reception](#)
- [Wednesday, May 3, 2023 - Physical Literacy Innovations, New York Road Runners' Striders Workshop and Physical Literacy Research Meeting](#)
- [Thursday, May 4, 2023 - Physical Literacy Pedagogy for Children and Youth, New York City Active Breaks and Internationally-inspired Evening Sessions](#)
- [Friday, May 5, 2023 - Physical Literacy through Education, Advancing Mental Health and Resilience, and IPLC Closing Remarks](#)

We hope you'll be able to join us – for the whole week, for a day or even for a half day. That's right, we've got flexible attendance options, designed to fit within even the busiest of schedules!

Coming for the day? [Register now](#) with the code **Daily2023**

Planning to join us for a morning, afternoon or Friday? [Register for a half day with the code](#) **HalfDay2023**

*Note – you'll be prompted to pick your day or half day when completing the registration process. If registering for Tuesday May 2, 2023, use the code **WorkshopOnly23***

Not sure who's footing the bill? We get it. On the payment page of the registration form, select "Pay Later". You can secure your spot now, and we'll follow up about payment later.

Need an approved New York (NY) state vendor? No problem! We're excited to share that the [NYS AHPERD](#) is an IPLC 2023 vendor. If you're based in NY state and need a vendor, please:

- complete the registration process (each individual person will need to register themselves),
- select "Pay Later" on the payment page, and
- contact Kayla Demeree (kdemeree@nysahperd.org) with a purchase order containing the following: school/organization name, billing address, email- account payable, registration cost, quantity of people it will cover and names of attendees.



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Have questions about IPLC programming? Contact Francesca Jackman at francesca@sportforlife.ca.
Have questions about conference registration? Please contact Sarah-Kate Burke at Sarah-Kate@podiumconferences.com.

We hope to see you there!





Tuesday May 2, 2023 - Workshops and Opening Reception

Join us on Tuesday, May 2 for a full day of pre-conference active workshops and our opening reception, hosted by [Hip Hop Public Health](#) (HHPH)!

Looking for hands-on professional development? In addition to the IPLC 2023 program, we are excited to offer two full-day workshop streams that interested delegates can register for.

- At the [New Yorker](#), join Sport for Life learning facilitator [Chris Wright](#) and our Senior Director of Physical Literacy Development, [Drew Mitchell](#), for a dynamic 4-hour [Quality Physical Literacy Experiences workshop](#). Participants will explore Universal Design principles to create, lead and assess quality physical literacy sessions. Stick around for the afternoon session, where [Dean Kriellaars](#) – one of the founders and world-renowned experts in physical literacy – will show delegates how to integrate circus arts into physical education, sport and recreation settings. That's right, if you've ever fantasized about running away and joining the circus, this session is for you!

Join us for an action-packed day!

Cost: \$110 USD

[Space is limited so register now with the code WorkshopOnly23](#)

- At the [University Settlement Center](#), we'll be kicking off the morning with tumble play and martial arts with Pilo Stylin – Sport consultant with the [Swedish Budo & martial arts federation](#). This 90-minute session will explore Swedish Budo & martial arts activities that can be practically integrated into sport, physical education and after-school programs. Next, [Ontario Equestrian](#) will be showing participants how to bring equestrian to a gym near you. After this 90-minute interactive session, you'll be able to teach children how to safely mount and dismount a horse without ever stepping foot into a barn! In the afternoon, join [Asphalt Green](#) for their 90-minute session and learn tips and techniques for making the most of short recess periods in hallways, classrooms, cafeterias and more. The workshop will be a hands-on, bodies-on overview of the organization's Recess Enhancement Program.

Join us to explore creative ways to get more children and youth moving!

Cost: \$90 USD

[Space is limited so register now with the code WorkshopOnly23](#)



In the evening, we'll be getting our H.Y.P.E. on with Dr. Olajide Williams, Lori Rose Benson and HHPH choreographers and DJ at the IPLC opening reception. We'll be launching IPLC 2023 in style with opening remarks from NYRR CEO Rob Simmelkjaer and Sport for Life CEO Richard Way, followed by a joint keynote from HHPH Founder and Board Chair Olajide Williams and Executive Director and CEO Lori Rose Benson. But we can't just *talk* about the benefits of hip hop – we'll be putting theory to practice with an active session led by HHPH's choreographers and DJ. Come grab a drink and get your groove on with us as we celebrate the start of IPLC!

The HHPH opening reception is part of general conference registration. Haven't already secured your spot?

[Register here](#)

Planning to attend activities just on Tuesday, May 2? No problem. We're happy to offer your choice of workshop day (prices above) plus the opening reception for an additional \$55 USD.

[Register for Tuesday, May 2 here with the code WorkshopOnly23](#)

Have questions about Tuesday's lineup? Contact Francesca Jackman at francesca@sportforlife.ca.
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Wednesday May 3, 2023 - Physical Literacy Innovations, New York Road Runners' Striders Workshop and Physical Literacy Research Meeting

What better way to break up the middle of the week than with the first day of IPLC 2023 programming?! Looking for the latest innovations in physical literacy research, policy and practice? We've crafted this day just for you!

We'll be kicking things off with a [keynote address from Dr. Brian Culp](#) on physical literacy and the spatial imaginary. Then we'll jump into a block of Citius Vocems - our four-minute "lightning round-style" presentations designed to mobilize new ideas and creative ways of thinking. From there, choose from five streams of innovative physical literacy content to keep your mind stimulated for the first half of the day.

At lunchtime, join [New York Road Runners](#) coaches and facilitators for a 90-minute active session that will explore the Striders Program, focused on running for fitness and designed to prove that athletes have no age limits. Grab a bite to eat, recharge and join us again at 2 p.m. EDT for the afternoon sessions.

[Dr. Natalie Houser will be opening the afternoon sessions with a keynote address](#) on physical literacy-enriched pedagogy. Join us to hear insights from some of her latest physical literacy research, sure to inspire some "out-of-the-box" education practices. Did we mention Dr. Houser is also a research associate at the [Centre for Circus Arts Research](#)?!

We've tailored the afternoon sessions with more thought-provoking content – from inner-development goals and movement creativity to Indigenous ways of knowing and doing, there's something for everyone. Choose from five streams of individual presentations and panel discussions that will challenge the status quo. [Check out the detailed program for more information.](#)

Stick around for the Physical Literacy Research Meeting from 5:30-7:00 p.m. EDT. Not just for academics, this action-oriented meeting is intended to mobilize global physical literacy knowledge and facilitate mechanisms to drive evidence-informed implementation.

Wanting to join us for the day? Get access to all conference activities on Wednesday, May 3, for \$245 USD.





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Can't make it for the full day? No problem! You can join us for the morning or come in the afternoon with our half-day conference passes for \$165 USD.

[Register now for a half day](#) with the code HalfDay2023

Have questions about Wednesday's lineup? Contact Francesca Jackman at francesca@sportforlife.ca.
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Thursday May 4, 2023 - Physical Literacy Pedagogy for Children and Youth, New York City Active Breaks and Internationally-inspired Evening Sessions

Working with children and youth? Looking for takeaways from physical literacy practices in other sectors and jurisdictions? Can't get away from work throughout the day? We were thinking of you when designing our lineup of Day 2 IPLC 2023 programming on Thursday, May 4.

Join us in the morning for Tom Farrey's big, unexpected idea (his words, not ours) as part of his [keynote address on quality sport for meaningful, positive change](#). We'll also have another batch of Citius Vocems – "lightning round-style" four-minute presentations that will explore physical literacy in school settings. Our five morning streams of individual presentations and panel discussions offer diverse perspectives on getting children and youth more active throughout the entire day, through holistic approaches, partnerships and collaboration.

We'll be taking an extended lunch break (12:00-4:00 p.m. EDT), but are offering some organized activities if you're looking for some fresh air and exercise before we resume afternoon programming:

- [New York Road Runners](#) will be leading a run through Central Park, and
- We've got a waitlist going for two [Bike New York](#) tours.

Secure your spot when completing your registration. Bottom line: You've got lots of time to grab food, network, recharge and head back to The New Yorker for our afternoon/evening programming.

Afternoon sessions resume at 4:00 p.m. EDT with a joint keynote address from Melanie McKee and Sheelagh Quinn, the Northern and Southern leads involved in the development of [Ireland's All-Island Physical Literacy Consensus Statement](#). Stay tuned for additional details about their keynote address. We've also lined up more Citius Vocem presentations, showcasing some innovative programming happening around the globe.

Our five streams of afternoon/evening sessions will keep considering physical literacy around the world, with presenters and panelists from countries including Indonesia, Bangladesh, Luxembourg, Sweden and more! There are lots of physical literacy-enriched sessions to choose from, whether you're looking for pedagogical practices or strategic approaches to community development. [Check out the detailed program for more information](#).

Wanting to join us for the day? Get access to all conference activities on Thursday, May 4, for \$245 USD.



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Friday May 5, 2023 - Physical Literacy through Education, Advancing Mental Health and Resilience, and IPLC Closing Remarks

Whether you teach in a classroom setting or are a leader in your community, our third and final day of IPLC programming has a BIG focus on education and using physical literacy as a tool to support positive mental health, well-being and resilience.

Join us in the morning as [basketball star and motivational speaker Kevin Atlas](#) kicks things off with a keynote address about physical literacy, overcoming adversity and believing in yourself. As the first player with a disability in NCAA history to receive a full Division I athletic scholarship in his sport, Kevin's experiences are sure to inspire as we transition into morning sessions.

We've lined up five streams of education-focused content for you to choose from, covering topics from physical literacy-enriched teaching to physical literacy-based assessment. [Check out the detailed program for more information.](#)

Then, we'll be joined by New York Road Runners' CEO Rob Simmelkjaer, who will be delivering the final keynote address of the conference on physical literacy, and mental health and well-being – leaving you with lots of key takeaways on U.S. National Children's Mental Health Awareness Day. We'll be closing the conference with final remarks and details about the next IPLC.

Wanting to join us for the day? Get access to all conference activities on Friday, May 5 for \$165 USD. We don't want to interrupt your weekend plans, so we'll be wrapping things up by 1:00 p.m. EDT, and providing full access to Friday's lineup at our half-day rate.

[Register now](#) with the code HalfDay2023

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